# Dynamic Structural Equation Modeling of Intensive Longitudinal Data

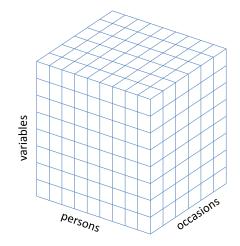
Workshop for the Multilevel Conference Utrecht

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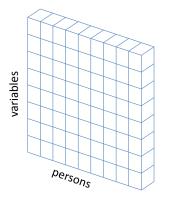
April 14, 2017

In collaboration with Bengt Muthén and Tihomir Asparouhov

### Cattell's data box



## Cross-sectional research: N is large, T=1



## **Cross-sectional research: A single snapshot**



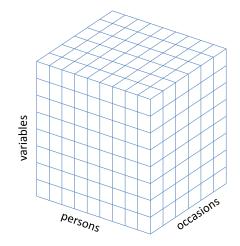




# Cross-sectional research: A single snapshot



### Cattell's data box

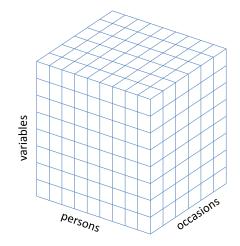


## Panel research: N is large, T is small

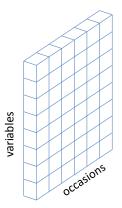
Persons occasions

### Panel research: A few snapshots

### Cattell's data box



Time series data: N=1 and T is large

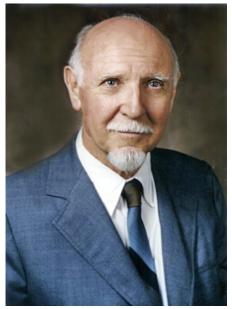


## Time series analysis: Many snapshots





# Pioneers of idiographic research in psychology







# Idiographic (N=1) research in psychology

N=1 research has included:

- Cattell's P-technique: factor analysis of N=1 data
- Dynamic factor analysis: considering lagged relationships
- Measurement burst design: multiple waves of intensive measurements
- Intervention research: ABAB design etc.

Critique of this kind of research:

- within-person fluctuations are just **noise**
- results are not generalizable
- no one has these data

# New technology



# Intensive longitudinal data

#### Different forms of intensive longitudinal data:

- daily diary (DD); self-report end-of-day
- experience sampling method (ESM); self-report of subjective experience
- ecological momentary assessment (EMA); healthcare related self-report
- ambulatory assessment (AA); physiological measurements
- event-based measurements; self-report after a particular event
- observational measurements; expert rater

#### For more info on methodology, check out:

- Seminar of Tamlin Conner and Joshua Smyth on YouTube (https://www.youtube.com/watch?v=nQBBVp9vBIQ)
- Society for Ambulatory Assessment (http://www.saa2009.org/)
- Life Data (https://www.lifedatacorp.com/)
- Quantified Self (http://quantifiedself.com/)

# Characteristics of these kind of data

#### Data structure:

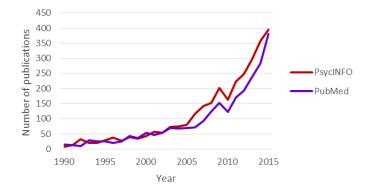
- one or more measurements per day
- typically for multiple days
- sometimes multiple waves (i.e., Nesselroade's measurement-burst design)

#### Advantages of ESM, EMA and AA

- no recall bias
- high ecological validity
- physiological measures over a large time span
- monitoring of symptoms and behavior, with new possibilities for feedback and intervention (e-Health and m-Health)
- window into the dynamics of processes

# A paradigm shift

Publications on experience sampling, ambulatory assessment, ecological momentary assessment, or daily diary



Taken from Hamaker and Wichers (2017)

# Outline

### • Modeling the dynamics of ILD

- Separating between-person and within-person variance
- Application 1: Daily negative affect and depressive symptomatology
- Application 2: Intervention study with ESM
- Application 3: Dyadic daily diary data
- Application 4: Latent AR(1) model
- Discussion

# What is time series analysis?

**Time series analysis** is a class of techniques that is used in econometrics, seismology, meteorology, control engineering, and signal processing.

#### Main characteristics:

- N=1 technique
- T is large (say >50)
- concerned with *trends*, *cycles* and *autocorrelation structure* (i.e., serial dependency)
- goal: forecasting ( $\neq$  prediction)

# Lags

| Υ     | Y at lag 1 | Y at lag 2 |  |  |
|-------|------------|------------|--|--|
| $y_1$ |            |            |  |  |
| $y_2$ | $y_1$      |            |  |  |
| $y_3$ | $y_2$      | $y_1$      |  |  |
| $y_4$ | $y_3$      | $y_2$      |  |  |
| $y_5$ | $y_4$      | $y_3$      |  |  |
| $y_6$ | $y_5$      | $y_4$      |  |  |
| $y_7$ | $y_6$      | $y_5$      |  |  |
| $y_8$ | $y_7$      | $y_6$      |  |  |
| •••   |            |            |  |  |
| $y_T$ | $y_{T-1}$  | $y_{T-2}$  |  |  |
|       | $y_T$      | $y_{T-1}$  |  |  |
|       |            | $y_T$      |  |  |

# Partial autocorrelation function (PACF)

**Partial autocorrelation** at lag k: The correlation between  $y_t$  and  $y_{t-k}$  after removing the effect of the intermediate observations (i.e.,  $y_{t-1}$  to  $y_{t-k+1}$ ).

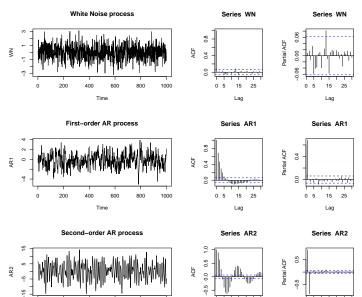
| Y     | Y at lag 1 | Y at lag 2 |  |  |
|-------|------------|------------|--|--|
| $y_1$ |            |            |  |  |
|       |            |            |  |  |
| $y_2$ | $y_1$      |            |  |  |
| $y_3$ | $y_2$      | $y_1$      |  |  |
| $y_4$ | $y_3$      | $y_2$      |  |  |
| $y_5$ | $y_4$      | $y_3$      |  |  |
| •••   |            |            |  |  |
| $y_T$ | $y_{T-1}$  | $y_{T-2}$  |  |  |
|       | $y_T$      | $y_{T-1}$  |  |  |
|       |            | $y_T$      |  |  |
|       |            |            |  |  |

# Sequence, ACF and PACF

200 400 600 800 1000

Time

0



0 5

25

15

Lag

22 / 120

25

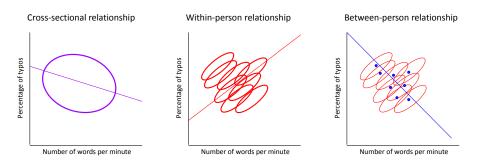
Lag

0 5 15

# Outline

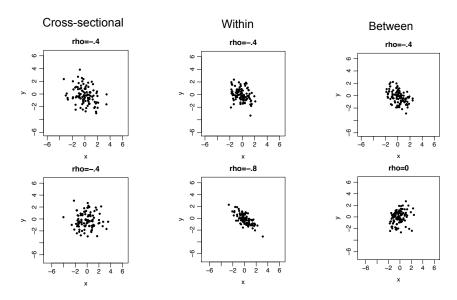
- Modeling the dynamics of ILD
- Separating between-person and within-person variance
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# A fundamental problem in a nutshell



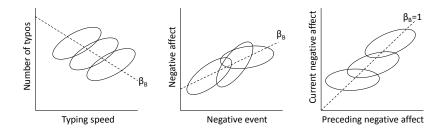
Taken from Hamaker (2012).

# Three perspectives on data



Taken from Hamaker (2012).

# Between-person differences in within-person slopes



Taken from Hamaker and Grasman (2014).

In conclusion: To study within-person processes we need

- (intensive) longitudinal data
- to decompose observed variance into within and between
- to consider individual differences in within-person dynamics

# Outline

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# Data: Daily measurements affect

Data come from the **COGITO study** of the MPI in Berlin; goal is to study aging using a younger and older sample.

Analyses here are based on Hamaker et al. (in preparation).

Characteristics of the younger and older sample:

- aged 20-31; aged 65-80
- 101 individuals; 103 individuals
- about 100 daily measurements of positive affect (PA) and negative affect (NA)

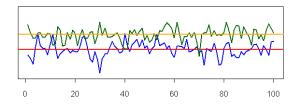
## Decomposition

#### Decomposition into a between part and a within part

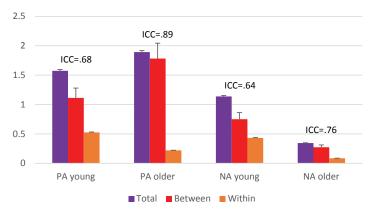
 $PA_{it} = \mu_{PA,i} + PA_{it}^*$  $NA_{it} = \mu_{NA,i} + NA_{it}^*$ 

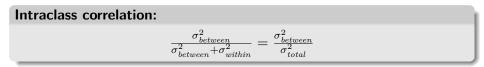
where

- $\mu_{PA,i}$  and  $\mu_{NA,i}$  are the individual's **means** on PA and NA (i.e., baseline, trait, or equilibrium scores)  $\Rightarrow$  between-person part
- $PA_{it}^*$  and  $NA_{it}^*$  are the **within-person centered** (cluster-mean centered) scores  $\Rightarrow$  within-person part

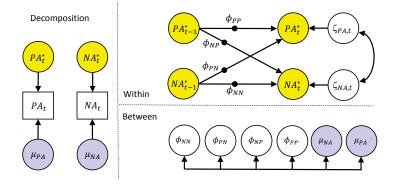


### Total, between-, and within-person variance





# Bivariate model: Multilevel vector AR(1) model



# Within-person level model

#### Lagged within-person model:

$$PA_{it}^{*} = \phi_{PP,i}PA_{i,t-1}^{*} + \phi_{PN,i}NA_{i,t-1}^{*} + \zeta_{PA,it}$$
$$NA_{it}^{*} = \phi_{NN,i}NA_{i,t-1}^{*} + \phi_{NP,i}PA_{i,t-1}^{*} + \zeta_{NA,it}$$

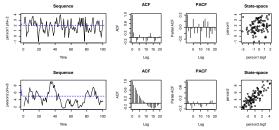
where

- $\phi_{PP,i}$  is the autoregressive parameter for PA (i.e., inertia, carry-over)
- $\phi_{NN,i}$  is the autoregressive parameter for NA (i.e., inertia, carry-over)
- $\phi_{PN,i}$  is the cross-lagged parameter for NA to PA (i.e., spill-over)
- $\phi_{NP,i}$  is the cross-lagged parameter for PA to NA (i.e., spill-over)
- $\zeta_{PA,it}$  is the innovation for PA (residual, disturbance, dynamic error)
- $\zeta_{NA,it}$  is the **innovation** for NA (residual, disturbance, dynamic error)

**Parameters estimated at this level** are the residual variances and covariance:

$$\begin{bmatrix} \zeta_{PA,it} \\ \zeta_{NA,it} \end{bmatrix} \sim MN \begin{bmatrix} 0 \\ 0 \end{bmatrix}, \begin{bmatrix} \theta_{11} \\ \theta_{21} & \theta_{22} \end{bmatrix} \end{bmatrix}$$

# Autoregressive parameter (also known as inertia)



The AR parameter indicates how quickly a person recovers after being perturbed.

Affective inertia has been empirically related to

- neuroticism (+) and agreeableness (-) (Suls, Green & Hillis, 1998)
- concurrent depression (+) (Kuppens, Allen & Sheeber, 2010)
- future depression (+) (Kuppens, Sheeber, Yap, Whittle, Simmons & Allen, 2012)
- rumination (+) (Koval, Kuppens, Allen & Sheeber, 2012)
- self-esteem (-) (Houben, Van den Noortgate & Kuppens, 20150)
- life-satisfaction (-) (Houben et al., 2015)
- PA (-) and NA (+) (Houben et al., 2015)

# Between-person level model

#### Between level: fixed and random effects

$$\begin{bmatrix} \mu_{PA,i} \\ \mu_{NA,i} \\ \phi_{PP,i} \\ \phi_{PN,i} \\ \phi_{NN,i} \end{bmatrix} = \begin{bmatrix} \gamma_P \\ \gamma_N \\ \gamma_{PP} \\ \gamma_{PN} \\ \gamma_{NP} \\ \gamma_{NN} \end{bmatrix} + \begin{bmatrix} u_{P,i} \\ u_{N,i} \\ u_{PP,i} \\ u_{PN,i} \\ u_{NP,i} \\ u_{NN,i} \end{bmatrix} \quad \boldsymbol{u}_i$$

 $\sim MN(\mathbf{0}, \mathbf{\Psi})$ 

Where:

- $\gamma_P$  to  $\gamma_{NN} \Rightarrow$  fixed effects
- $u_{P,i}$  to  $u_{NN,i} \Rightarrow$  random effects

Parameters estimated at this level are:

- 6 fixed effects (i.e.,  $\gamma$ 's)
- 6 variances for random effects (i.e., diagonal elements of  $\Psi$ )
- 15 covariances between the random effects (i.e., off-diagonal elements in  $\Psi)$

### Bivariate model: Mplus code

| cluster   |   |  |  |  |  |
|---|---|--|--|--|--|
| lagged<br>tinterval   | <pre>= dayPA dayNA;<br/>= dayPA(1) dayNA(1);<br/>= sessdate(1);<br/>= all(-999);</pre>              |  |  |  |  |
| ANALYSIS:   | TYPE IS TWOLEVEL random;<br>estimator=bayes; proc = 2;<br>fbiter= 5000; bseed = 2359;<br>thin = 10; |  |  |  |  |
| p_pn  <br>p_np  | %<br>dayPA ON dayPA&1;<br>dayPA ON dayNA&1;<br>dayNA ON dayPA&1;<br>dayNA ON dayNA&1;               |  |  |  |  |
| <pre>%BETWEEN% p_pp WITH p_pn-p_nn dayPA dayNA; p_pn WITH p_np-p_nn dayPA dayNA; p_np WITH p_nn dayPA dayNA; p_nn WITH dayPA dayNA; dayPA WITH dayNA;</pre> |   |  |  |  |  |

# Mplus results: Within-person (younger sample)

|                  |            | Posterior | One-Tailed | 95% C.I.   |            |              |
|------------------|------------|-----------|------------|------------|------------|--------------|
|                  | Estimate   | S.D.      | P-Value    | Lower 2.5% | Upper 2.5% | Significance |
| Within Leve      | 1          |           |            |            |            |              |
| DAYNA W<br>DAYPA | ITH -0.069 | 0.004     | 0.000      | -0.076     | -0.061     | *            |
| Residual V       |            |           |            |            |            |              |
| DAYPA            | 0.414      | 0.006     | 0.000      | 0.403      | 0.426      | *            |
| DAYNA            | 0.302      | 0.004     | 0.000      | 0.294      | 0.311      | *            |

# Mplus results: Between-person (younger sample)

|                                      | Estimate | Posterior<br>S.D. | One-Tailed<br>P-Value |       | C.I.<br>Upper 2.5% | Significance |
|--------------------------------------|----------|-------------------|-----------------------|-------|--------------------|--------------|
| []                                   |          |                   |                       |       |                    |              |
| Between Level                        |          |                   |                       |       |                    |              |
| []                                   |          |                   |                       |       |                    |              |
| Means                                |          |                   |                       |       |                    |              |
| DAYPA                                | 3.090    | 0.110             | 0.000                 | 2.875 | 3.308              | *            |
| DAYNA                                | 0.977    | 0.077             | 0.000                 | 0.826 | 1.128              | *            |
| P PP                                 | 0.334    | 0.026             | 0.000                 | 0.283 | 0.387              | *            |
| P_PN                                 | 0.050    | 0.022             | 0.016                 | 0.006 | 0.093              | *            |
| P NP                                 | 0.038    | 0.015             | 0.006                 | 0.008 | 0.068              | *            |
| P_NN                                 | 0.370    | 0.027             | 0.000                 | 0.315 | 0.423              | *            |
| Variances                            |          |                   |                       |       |                    |              |
| DAYPA                                | 1.178    | 0.189             | 0.000                 | 0.886 | 1.618              | *            |
| DAYNA                                | 0.595    | 0.101             | 0.000                 | 0.443 | 0.832              | *            |
| P_PP                                 | 0.055    | 0.010             | 0.000                 | 0.039 | 0.079              | *            |
| P_PP<br>P_PN<br>P_NP<br>P_NN<br>P_NN | 0.024    | 0.006             | 0.000                 | 0.014 | 0.039              | *            |
| P_NP                                 | 0.013    | 0.003             | 0.000                 | 0.008 | 0.021              | *            |
| P_NN                                 | 0.062    | 0.012             | 0.000                 | 0.044 | 0.089              | *            |

# **Comparing cross-lagged parameters**

Standardization in multilevel models is a tricky issue.

Schuurman, Ferrer, Boer-Sonnenschein and Hamaker (2016) discuss four forms of **standardization in multilevel models**, using:

- total variance (i.e., grand standardization)
- between-person variance (i.e., between standardization)
- average within-person variance
- within-person variance (i.e., within standardization)

Conclusion: last form is most meaningful, as it **parallels standardizing** when N=1.

Standardized fixed effect should be the **average standardized within-person effect**.

# Mplus standardized results (younger sample)

STDYX Standardization

|                                      | Estimate       | Posterior<br>S.D. | One-Tailed<br>P-Value |                |                | Significance |
|--------------------------------------|----------------|-------------------|-----------------------|----------------|----------------|--------------|
| Within-Level Standa                  | ardized Estim  | ates Averag       | ed Over Clus          | ters           |                |              |
| P_PP   DAYPA ON<br>DAYPA&1           | 0.335          | 0.011             | 0.000                 | 0.312          | 0.358          | *            |
| P_PN   DAYPA ON<br>DAYNA&1           | 0.034          | 0.013             | 0.006                 | 0.008          | 0.059          | *            |
| P_NP   DAYNA ON<br>DAYPA&1           | 0.038          | 0.011             | 0.000                 | 0.017          | 0.059          | *            |
| P_NN   DAYNA ON<br>DAYNA&1           | 0.370          | 0.012             | 0.000                 | 0.347          | 0.394          | *            |
| DAYNA WITH<br>DAYPA                  | -0.194         | 0.010             | 0.000                 | -0.213         | -0.175         | *            |
| Residual Variances<br>DAYPA<br>DAYNA | 0.816<br>0.792 | 0.008             | 0.000                 | 0.799<br>0.775 | 0.832<br>0.808 | *            |

# Mplus standardized results (younger sample)

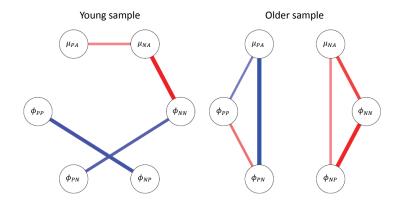
R-SQUARE

Within-Level R-Square Averaged Across Clusters

| Variable       | Estimate       | Posterior<br>S.D. | One-Tailed<br>P-Value |                | C.I.<br>Upper 2.5% |
|----------------|----------------|-------------------|-----------------------|----------------|--------------------|
| DAYPA<br>DAYNA | 0.184<br>0.208 | 0.008             | 0.000                 | 0.168<br>0.192 | 0.201              |

## Between-person level: Correlated random effects

To **represent the correlation matrices** of the 6 random effects in each group, we can use the network representation (with qgraph from Sacha Epskamp in R):



# Including level 2 predictor and outcome

Depression was measured prior to the ILD phase and afterwards, using the CESD; we include these measures at the between-person level as a **predictor** and an **outcome**.

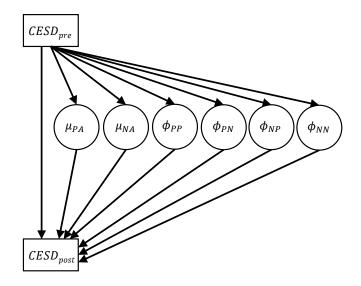
# Between level: Including a level 2 predictor $\mu_{PA,i} = \gamma_{00} + \gamma_{01} CESDpre_i + u_{0i}$ $\mu_{NA,i} = \gamma_{10} + \gamma_{11} CESDpre_i + u_{1i}$ $\phi_{PP,i} = \gamma_{20} + \gamma_{21} CESDpre_i + u_{2i}$ $\phi_{PN,i} = \gamma_{30} + \gamma_{31} CESDpre_i + u_{3i}$

 $\phi_{NN,i} = \gamma_{40} + \gamma_{41} CESDpre_i + u_{4i}$  $\phi_{NP,i} = \gamma_{50} + \gamma_{51} CESDpre_i + u_{5i}$ 

#### Between level: Including a level 2 outcome

$$\begin{split} CESDpost_i &= \gamma_{60} + \gamma_{61} CESDpre_i + \gamma_{62} \mu_{PA,i} + \gamma_{63} \mu_{NA,i} \\ &+ \gamma_{64} \phi_{PP,i} + \gamma_{65} \phi_{PN,i} + \gamma_{66} \phi_{NN,i} + \gamma_{67} \phi_{NP,i} + u_{6i} \end{split}$$

## Dynamic mediation model



## Mplus input mediation model

#### VARIABLE:

| names     | = I | D sessdate nal na2 na3 na4 na5 na6 na7 na8 na9 na10 |
|-----------|-----|---|
|           |     | pa1 pa2 pa3 pa4 pa5 pa6 pa7 pa8 pa9 pa10 sessionNr  |
|           |     | age_pre sex CESDpre CESDpost dayNA dayPA older;     |
| cluster   | =   | ID;   |
| usevar    | =   | dayPA dayNA CESDpre CESDpost;                       |
| between = |     | CESDpre CESDpost;                                   |
| lagged    | =   | dayPA(1) dayNA(1);                                  |
| tinterval | =   | sessdate(1);  |
| missing   | =   | all(-999);  |

DEFINE: CENTER CESDpre CESDpost (GRANDMEAN);

## Mplus input mediation model

```
MODEL:
    %WTTHTN%
   p pp | dayPA ON dayPA&1;
   p pn | dayPA ON dayNA&1;
    p np | dayNA ON dayPA&1;
   p nn | dayNA ON dayNA&1;
    SETWEENS
   p pp-p nn dayPA dayNA ON CESDpre (a1-a6);
    CESDpost ON p pp-p nn dayPA dayNA CESDpre (b1-b7);
  model constraint:
  new (ab p pp); ab p pp=a1*b1;
  new (ab p pn); ab p pn=a2*b2;
  new (ab_p_np); ab_p_np=a3*b3;
  new (ab p nn); ab p nn=a4*b4;
  new (ab davPA); ab davPA=a5*b5;
  new (ab dayNA); ab dayNA=a6*b6;
```

Note that the default here is that the residuals are **not correlated**.

# Mplus output mediation model (younger sample)

| []<br>Between Level<br>[]   | Estimate     | Posterior<br>S.D. |       |        | C.I.<br>Upper 2.5% | Significance |
|-----------------------------|--------------|-------------------|-------|--------|--------------------|--------------|
| Intercepts                  |              |                   |       |        |                    |              |
| CESDPOST                    | 0.104        | 0.136             | 0.223 | -0.167 | 0.365              |              |
| DAYPA                       | 3.088        | 0.103             | 0.000 | 2.888  | 3.293              | *            |
| DAYNA                       | 0.989        | 0.076             | 0.000 | 0.844  | 1.146              | *            |
| P PP                        | 0.338        | 0.024             | 0.000 | 0.289  | 0.386              | *            |
| PPN                         | 0.031        | 0.020             | 0.057 | -0.008 | 0.071              |              |
| PNP                         | 0.035        | 0.014             | 0.006 | 0.007  | 0.062              | *            |
| PNN                         | 0.376        | 0.024             | 0.000 | 0.329  | 0.423              | *            |
| Residual Varian<br>CESDPOST | ces<br>0.067 | 0.012             | 0.000 | 0.048  | 0.095              | *            |
| DAYPA                       | 1.049        | 0.158             | 0.000 | 0.798  | 1.416              | *            |
| DAIPA                       | 0.517        | 0.091             | 0.000 | 0.377  | 0.729              | *            |
| P PP                        | 0.045        | 0.0091            | 0.000 | 0.032  | 0.064              | *            |
| P PN                        | 0.045        | 0.005             | 0.000 | 0.032  | 0.030              | *            |
| P NP                        | 0.019        | 0.003             | 0.000 | 0.001  | 0.016              | *            |
| PNN                         | 0.010        | 0.008             | 0.000 | 0.031  | 0.062              | *            |
| New/Additional P            |              | 0.000             | 0.000 | 0.031  | 0.002              |              |
| AB P PP                     | 0.010        | 0.025             | 0.266 | -0.028 | 0.076              |              |
| AB P PN                     | -0.002       | 0.032             | 0.439 | -0.074 | 0.062              |              |
| AB_P_NP                     | -0.004       | 0.037             | 0.401 | -0.089 | 0.067              |              |
| AB P NN                     | 0.195        | 0.070             | 0.000 | 0.081  | 0.359              | *            |
| AB DAYPA                    | 0.049        | 0.035             | 0.029 | -0.001 | 0.135              |              |
| AB_DAYNA                    | 0.028        | 0.043             | 0.234 | -0.052 | 0.119              |              |

# Mplus output mediation model (older sample)

| []<br>Between Level<br>[]    | Estimate | Posterior<br>S.D. | One-Tailed<br>P-Value |        | C.I.<br>Upper 2.5% | Significance |
|------------------------------|----------|-------------------|-----------------------|--------|--------------------|--------------|
| Intercepts                   |          |                   |                       |        |                    |              |
| CESDPOST                     | 0.015    | 0.113             | 0.448                 | -0.210 | 0.236              |              |
| DAYPA                        | 4.566    | 0.120             | 0.000                 | 4.336  | 4.796              | *            |
| DAYNA                        | 0.313    |                   |                       | 0.210  |                    | *            |
| P PP                         | 0.421    | 0.026             |                       | 0.370  | 0.472              | *            |
| P PN                         | 0.133    |                   |                       | 0.057  |                    | *            |
| PNP                          | 0.016    | 0.017             |                       | -0.018 | 0.051              |              |
| PNN                          | 0.239    | 0.027             | 0.000                 | 0.185  | 0.291              | *            |
| Residual Varianc<br>CESDPOST | es 0.039 | 0.006             | 0.000                 | 0.029  | 0.053              | *            |
| DAYPA                        | 1.416    | 0.221             |                       | 1.079  | 1.918              | *            |
| DAYNA                        | 0.269    | 0.041             |                       | 0.203  | 0.365              | *            |
| P PP                         | 0.056    | 0.010             | 0.000                 | 0.039  | 0.079              | *            |
| P PN                         | 0.083    |                   |                       | 0.051  |                    | *            |
| P NP                         | 0.024    | 0.004             |                       | 0.018  | 0.035              | *            |
| PNN                          | 0.051    | 0.009             |                       | 0.037  | 0.072              | *            |
| -<br>New/Additional Pa       | rameters |                   |                       |        |                    |              |
| AB_P_PP                      | 0.005    | 0.016             |                       |        |                    |              |
| AB_P_PN                      | -0.004   | 0.025             |                       | -0.061 | 0.045              |              |
| AB_P_NP                      | 0.012    | 0.027             |                       |        | 0.076              |              |
| AB_P_NN                      | -0.036   |                   |                       |        |                    |              |
| AB_DAYPA                     | 0.028    | 0.038             |                       | -0.042 | 0.110              |              |
| AB_DAYNA                     | 0.027    | 0.036             | 0.194                 | -0.040 | 0.108              |              |

# Random variance (cf. Jongerling et al., 2015)

#### Within level: AR(1) with random $\phi_i$

 $NA_{it}^* = \phi_i NA_{i,t-1}^* + \zeta_{it} \qquad \qquad \zeta_{it} \sim N(0,\sigma^2)$ 

Where  $\zeta$  is the **innovation**, consisting of:

- external influences
- reactivity to external influences

#### Reasons to assume **individual differences** for $\sigma^2$ :

- individuals may differ with respect to the variability in exposure to external factors
- individuals may differ with respect to their **reactivity** to external influences (see reward experience and stress sensitivity research)

Hence, we allow for a **random innovation variance** using a log normal distribution.

## Random innovation variance: Univariate model

#### Within level: AR(1) with random $\phi_i$

 $NA_{it}^* = \phi_i NA_{i,t-1}^* + \zeta_{it} \qquad \qquad \zeta_{it} \sim N(0,\sigma_i^2)$ 

#### Between level: fixed and random effects

$$\begin{array}{c} \mu_i = \gamma_\mu + u_{0i} \\ \phi_i = \gamma_\phi + u_{1i} \\ \log(\sigma_i^2) = \gamma_{\log(\sigma^2)} + u_{2i} \end{array} \begin{bmatrix} u_{0i} \\ u_{1i} \\ u_{2i} \end{bmatrix} \sim MN \begin{bmatrix} 0 \\ 0 \\ 0 \end{bmatrix}, \begin{bmatrix} \psi_{11} \\ \psi_{21} \\ \psi_{22} \\ \psi_{31} \\ \psi_{32} \\ \psi_{33} \end{bmatrix} \end{bmatrix}$$

MODEL:

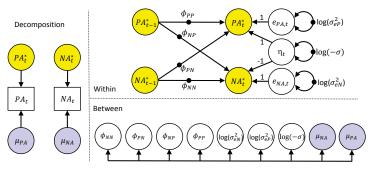
%WITHIN%
p\_nn | dayNA ON dayNA&1;
logRVNA | dayNA;

%BETWEEN%
p\_nn WITH logRVNA dayNA;
logRVNA WITH dayNA;

## Bivariate model: Random innovation variance

In the bivariate case, we want **random innovation variances** AND **random innovation covariance**.

The latter is modeled with an additional factor  $\eta_t$ :



Where:

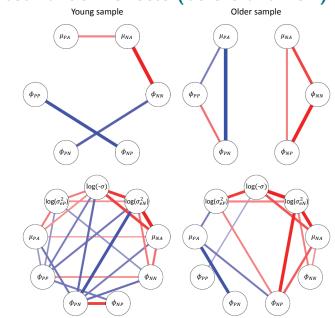
- $-\eta_t$  is the shared part (we assume a negative covariance)
- $e_{PA,t}$  and  $e_{NA,t}$  are the unique parts

#### Mplus code

MODEL: **%WITHIN%** p pp | dayPA ON dayPA&1; p pn | dayPA ON dayNA&1; p np | dayNA ON dayPA&1; p nn | dayNA ON dayNA&1; logvarPA | dayPA; ! RANDOM UNIQUE INNOVATION VARIANCE logvarNA | davNA; ! RANDOM UNIQUE INNOVATION VARIANCE Cov BY dayPA@1 dayNA@-1; ! COMMON INNOVATION VARIANCE logCov | Cov; ! RANDOM COMMON INNOVATION VARIANCE SBETWEENS p pp WITH p pn-p nn loqvarPA loqvarNA loqCov dayPA dayNA; p pn WITH p np-p nn logvarPA logvarNA logCov dayPA dayNA; p np WITH p nn logvarPA logvarNA logCov dayPA dayNA; p nn WITH logvarPA logvarNA logCov dayPA dayNA; logvarPA WITH logvarNA logCov dayPA dayNA; logvarNA WITH logCov dayPA dayNA; logCov WITH dayPA dayNA; davPA WITH davNA;

# Mplus results (younger sample)

| Within Level             | Estimate        | Posterior<br>S.D. | One-Tailed<br>P-Value |                 | C.I.<br>Upper 2.5% | Significance |
|--------------------------|-----------------|-------------------|-----------------------|-----------------|--------------------|--------------|
| COV BY<br>DAYPA<br>DAYNA | 1.000<br>-1.000 | 0.000             | 0.000                 | 1.000<br>-1.000 | 1.000<br>-1.000    |              |
| Between Level []         |                 |                   |                       |                 |                    |              |
| Means                    |                 |                   |                       |                 |                    |              |
| DAYPA                    | 3.095           | 0.115             | 0.000                 | 2.865           | 3.315              | *            |
| DAYNA                    | 0.972           | 0.080             | 0.000                 | 0.817           | 1.128              | *            |
| P PP                     | 0.373           | 0.026             | 0.000                 | 0.322           | 0.423              | *            |
| P PN                     | 0.080           | 0.023             | 0.000                 | 0.036           | 0.126              | *            |
| P NP                     | 0.030           | 0.012             | 0.006                 | 0.007           | 0.054              | *            |
| PNN                      | 0.396           | 0.028             | 0.000                 | 0.342           | 0.450              | *            |
| LOGVARPA                 | -1.330          | 0.087             | 0.000                 | -1.509          | -1.160             | *            |
| LOGVARNA                 | -2.038          | 0.143             | 0.000                 | -2.326          | -1.767             | *            |
| LOGCOV                   | -3.275          | 0.159             | 0.000                 | -3.599          | -2.973             | *            |
| Variances                |                 |                   |                       |                 |                    |              |
| DAYPA                    | 1.265           | 0.209             | 0.000                 | 0.951           | 1.754              | *            |
| DAYNA                    | 0.605           | 0.103             | 0.000                 | 0.447           | 0.847              | *            |
| P PP                     | 0.057           | 0.011             | 0.000                 | 0.040           | 0.083              | *            |
| PPN                      | 0.029           | 0.008             | 0.000                 | 0.018           | 0.047              | *            |
| PNP                      | 0.007           | 0.002             | 0.000                 | 0.004           | 0.012              | *            |
| PNN                      | 0.065           | 0.012             | 0.000                 | 0.047           | 0.094              | *            |
| LOGVARPA                 | 0.692           | 0.124             | 0.000                 | 0.501           | 0.994              | *            |
| LOGVARNA                 | 1.900           | 0.328             | 0.000                 | 1.395           | 2.650              | *            |
| LOGCOV                   | 1.912           | 0.377             | 0.000                 | 1.330           | 2.800              | *            |



# Correlated random effects (before and now)

# Mediation model with random innovation variances and covariance

```
MODEL:
   %WTTHIN%
  p pp | dayPA ON dayPA&1;
   p pn | dayPA ON dayNA&1;
  p np | dayNA ON dayPA&1;
   p nn | dayNA ON dayNA&1;
  logvarPA | dayPA; ! RANDOM UNIQUE INNOVATION VARIANCE
   logvarNA | davNA; ! RANDOM UNIQUE INNOVATION VARIANCE
  Cov BY dayPA@1 dayNA@-1; ! COMMON INNOVATION VARIANCE
   logCov | Cov; ! RANDOM COMMON INNOVATION VARIANCE
   SBETWEENS
  p pp-p nn davPA davNA ON CESDpre (a1-a6);
   logvarPA logvarNA logCov ON CESDpre (a7-a9);
  CESDpost ON p pp-p nn davPA davNA logvarPA logvarNA logCov CESDpre (b1-b10);
model constraint:
new (ab p pp); ab p pp=a1*b1;
new (ab p pn); ab p pn=a2*b2;
new (ab p np); ab p np=a3*b3;
new (ab p nn); ab p nn=a4*b4;
new (ab davPA); ab davPA=a5*b5;
new (ab dayNA); ab dayNA=a6*b6;
new (ab lvPA); ab lvPA=a7*b7;
new (ab lvNA); ab lvNA=a8*b8;
new (ab lCov); ab lCov=a9*b9;
```

## **Mplus results**

| Effect                           | Younger               | Older                 |
|----------------------------------|-----------------------|-----------------------|
| direct                           | 0.290 [ 0.062,0.522]  | 0.585 [ 0.076,1.206]  |
| mediated by $\mu_{PA}$           | 0.058 [-0.011,0.154]  | 0.054 [-0.018,0.147]  |
| mediated by $\mu_{NA}$           | 0.024 [-0.062,0.130]  | 0.011 [-0.022,0.070]  |
| mediated by $\phi_{PP}$          | 0.003 [-0.032,0.050]  | 0.003 [-0.020,0.043]  |
| mediated by $\phi_{PN}$          | 0.000 [-0.053,0.061]  | -0.003 [-0.106,0.097] |
| mediated by $\phi_{NP}$          | -0.019 [-0.178,0.087] | -0.048 [-0.691,0.470] |
| mediated by $\phi_{NN}$          | 0.127 [ 0.036,0.258]  | -0.011 [-0.069,0.020] |
| mediated by $log(\sigma^2_{eP})$ | 0.000 [-0.059,0.055]  | -0.046 [-0.127,0.007] |
| mediated by $log(\sigma_{eN}^2)$ | -0.009 [-0.103,0.076] | 0.079 [-0.015,0.212]  |
| mediated by $log(-\sigma)$       | 0.072 [ 0.004,0.185]  | 0.029 [-0.035,0.122]  |

Hence:

- higher CESDpre is associated with higher CESDpost (both samples)
- higher CESDpre predicts more carry-over in NA, which subsequently predicts higher CESDpost (younger sample)
- higher CESD pre predicts higher  $log(-\sigma)$ , which subsequently predicts higher CESD post (younger sample)

## Mediation through the random common variance

#### For the younger sample we have:

| []<br>Between Level<br>[]   | Estimate | Posterior<br>S.D. |       |       |       | Significance |
|-----------------------------|----------|-------------------|-------|-------|-------|--------------|
| LOGCOV ON<br>CESDPRE        | 0.986    | 0.426             | 0.011 | 0.142 | 1.796 | *            |
| CESDPOST ON<br>[]<br>LOGCOV | 0.080    | 0.031             | 0.006 | 0.017 | 0.143 | *            |

Considering three levels of CESDpre (SD of CESDpre is 0.35):

- +2SD CESDpre:  $log(-\sigma) = -2.69 \rightarrow -\sigma = 0.07 \rightarrow \sigma = -0.07$
- ±0SD CESDpre:  $log(-\sigma) = -3.39 \rightarrow -\sigma = 0.03 \rightarrow \sigma = -0.03$
- -2SD CESDpre:  $log(-\sigma) = 4.09 \rightarrow -\sigma = 0.02 \rightarrow \sigma = -0.02$

**Conclusion**: Higher CESDpre is associated with more negative common variance (i.e., covariance).

## **Results younger sample**

| []   |    | Estimate   |       | One-Tailed<br>P-Value            |                                     |                         | Significance |
|--|----|--|-------|----------------------------------|-------------------------------------|-------------------------|--------------|
| Between Leve   | 1  |  |       |                                  |                                     |                         |              |
| P_PP<br>CESDPRE  | ON | -0.030   | 0.069 | 0.328                            | -0.162                              | 0.109                   |              |
| P_PN<br>CESDPRE  | ON | -0.006   | 0.055 | 0.452                            | -0.116                              | 0.101                   |              |
| P_NP<br>CESDPRE  | ON | 0.054  | 0.034 | 0.057                            | -0.014                              | 0.119                   |              |
| P_NN<br>CESDPRE  | ON | 0.241  | 0.069 | 0.001                            | 0.102                               | 0.374                   | *            |
| LOGVARPA<br>CESDPRE  | ON | -0.535   | 0.239 | 0.014                            | -1.000                              | -0.055                  | *            |
| LOGVARNA<br>CESDPRE  | ON | 1.301  | 0.372 | 0.000                            | 0.576                               | 2.019                   | *            |
| LOGCOV<br>CESDPRE  | ON | 0.986  | 0.426 | 0.011                            | 0.142                               | 1.796                   | *            |
| CESDPOST<br>P_PP<br>P_PN<br>P_NP<br>P_NN<br>LOGVARPA<br>LOGVARNA<br>LOGCOV |    | $\begin{array}{c} -0.210 \\ -0.344 \\ -0.548 \\ 0.553 \\ 0.002 \\ -0.008 \\ 0.080 \end{array}$ |       | 0.146<br>0.275<br>0.001<br>0.487 | -0.995<br>-2.575<br>0.220<br>-0.086 | 0.306<br>1.279<br>0.898 | *            |

# Results younger sample (continued)

|                            |    |          | Posterior | One-Tailed | 95%              | C.I.            |              |
|----------------------------|----|----------|-----------|------------|------------------|-----------------|--------------|
|                            |    | Estimate | S.D.      | P-Value    | Lower 2.5%       | Upper 2.5%      | Significance |
| []<br>Between Leve<br>[]   | əl |          |           |            |                  |                 |              |
| DAYPA<br>CESDPRE           | ON | -0.509   | 0.308     | 0.050      | -1.117           | 0.097           |              |
| DAYNA<br>CESDPRE           | ON | 0.782    | 0.231     | 0.000      | 0.343            | 1.246           | *            |
| CESDPOST<br>DAYPA<br>DAYNA | ON | -0.121   | 0.033     | 0.000      | -0.187<br>-0.077 | -0.057<br>0.145 | *            |
| CESDPRE                    |    | 0.290    | 0.115     | 0.005      | 0.062            | 0.522           | *            |

### **Results older sample**

| []<br>Between Leve   | el | Estimate   |  | One-Tailed<br>P-Value                                       |   |   | Significance |
|--|----|--|--|---|---|---|--------------|
| P_PP<br>CESDPRE  | ON | 0.063  | 0.101  | 0.261   | -0.134  | 0.264   |              |
| P_PN<br>CESDPRE  | ON | 0.203  | 0.114  | 0.037   | -0.023  | 0.429   |              |
| P_NP<br>CESDPRE  | ON | 0.048  | 0.019  | 0.008   | 0.010   | 0.088   | *            |
| P_NN<br>CESDPRE  | ON | 0.090  | 0.102  | 0.184   | -0.114  | 0.291   |              |
| LOGVARPA<br>CESDPRE  | ON | 1.117  | 0.393  | 0.003   | 0.361   | 1.897   | *            |
| LOGVARNA<br>CESDPRE  | ON | 2.356  | 0.655  | 0.000   | 1.102   | 3.677   | *            |
| LOGCOV<br>CESDPRE  | ON | 1.635  | 0.608  | 0.002   | 0.424   | 2.814   | *            |
| CESDPOST<br>P_PP<br>P_FN<br>P_NP<br>P_NN<br>LOGVARPA<br>LOGVARNA<br>LOGCOV |    | $\begin{array}{c} 0.093 \\ -0.030 \\ -1.169 \\ -0.168 \\ -0.045 \\ 0.035 \\ 0.020 \end{array}$ | 0.098<br>0.209<br>28.837<br>0.102<br>0.025<br>0.021<br>0.021 | 0.173<br>0.441<br>0.317<br>0.053<br>0.042<br>0.045<br>0.158 | -0.099<br>-0.433<br>-12.494<br>-0.368<br>-0.095<br>-0.007<br>-0.021 | 0.286<br>0.408<br>8.813<br>0.029<br>0.006<br>0.076<br>0.060 |              |

# Results older sample (continued)

|                                       |    |                          | Posterior               | One-Tailed              | 95%                       | C.I.                    |              |
|---------------------------------------|----|--------------------------|-------------------------|-------------------------|---------------------------|-------------------------|--------------|
|                                       |    | Estimate                 | S.D.                    | P-Value                 | Lower 2.5%                | Upper 2.5%              | Significance |
| []<br>Between Leve<br>[]              | el |                          |                         |                         |                           |                         |              |
| DAYPA<br>CESDPRE                      | ON | -2.003                   | 0.490                   | 0.000                   | -2.940                    | -1.021                  | *            |
| DAYNA<br>CESDPRE                      | ON | 0.181                    | 0.205                   | 0.192                   | -0.234                    | 0.578                   |              |
| CESDPOST<br>DAYPA<br>DAYNA<br>CESDPRE | ON | -0.028<br>0.087<br>0.585 | 0.019<br>0.053<br>1.292 | 0.070<br>0.047<br>0.021 | -0.065<br>-0.015<br>0.076 | 0.009<br>0.192<br>1.206 | *            |

# Advantages of using DSEM in Mplus (thus far)

Compared to standard multilevel software:

- multiple outcome variables (with correlated residuals)
- outcomes at between-person level
- person-mean centering integral part of model estimation

Hamaker and Grasman

Centering in a multilevel autoregressive model

| AR parameter                | Sample size |     | Bias  |                        |                             |                            | CR <sub>0.95</sub> |        |                             |                            |
|-----------------------------|-------------|-----|-------|------------------------|-----------------------------|----------------------------|--------------------|--------|-----------------------------|----------------------------|
|                             | N           | т   | NC    | $C(\bar{y}_{\cdot i})$ | <b>C</b> (µ̂ <sub>i</sub> ) | <b>C</b> (μ <sub>i</sub> ) | NC                 | C(ȳ.i) | <b>C</b> (μ̂ <sub>i</sub> ) | <b>C</b> (μ <sub>i</sub> ) |
| $\phi_{i} \sim N(0.3, 0.1)$ | 20          | 20  | 0.002 | -0.072                 | -0.069                      | -0.068                     | 0.928              | 0.762  | 0.785                       | 0.787                      |
|                             |             | 50  | 0.000 | -0.027                 | -0.027                      | -0.026                     | 0.940              | 0.900  | 0.901                       | 0.898                      |
|                             |             | 100 | 0.000 | -0.013                 | -0.013                      | -0.013                     | 0.932              | 0.932  | 0.932                       | 0.932                      |
|                             | 50          | 20  | 0.005 | -0.071                 | -0.069                      | -0.067                     | 0.893              | 0.480  | 0.512                       | 0.518                      |
|                             |             | 50  | 0.001 | -0.027                 | -0.026                      | -0.026                     | 0.936              | 0.800  | 0.804                       | 0.805                      |
|                             |             | 100 | 0.000 | -0.013                 | -0.013                      | -0.013                     | 0.946              | 0.902  | 0.902                       | 0.903                      |
|                             | 100         | 20  | 0.006 | -0.070                 | -0.068                      | -0.066                     | 0.892              | 0.196  | 0.227                       | 0.242                      |
|                             |             | 50  | 0.001 | -0.027                 | -0.027                      | -0.027                     | 0.930              | 0.623  | 0.630                       | 0.637                      |
|                             |             | 100 | 0.000 | -0.013                 | -0.013                      | -0.013                     | 0.930              | 0.851  | 0.854                       | 0.851                      |

#### Table 4 | Bias and coverage rates for fixed autoregressive parameter $\phi$ in multilevel autoregressive model under diverse scenarios.

# Advantages of using DSEM in Mplus

All the models ran here, could also be estimated using other **Bayesian software** (e.g., WinBUGS, jags, and stan).

In comparison, the advantages of Mplus are:

- easy to use due to tailor-made code
- default uninformative priors for parameters (even for small variances)
- fast (which makes a difference in case of Bayes)

#### Other recent developments:

- ctsem in R: Allows for continuous time modeling
- open Mx in R

## Outline

- Modeling the dynamics of ILD
- Separating between-person and within-person variance
- Application 1: Daily negative affect and depressive symptomatology
- Application 2: Intervention study with ESM
- Application 3: Dyadic daily diary data
- Application 4: Latent AR(1) model
- Discussion

## Intervention study with ESM

When **ESM** is used in a **randomized controlled trial**, we can investigate whether treatment affects:

- means
- dynamics (e.g., autoregression)
- variability

Here we use data from individuals with a **history of depression** and current residual depressive symptoms (Geschwind et al., 2011).

Each ESM period consisted of 6 days, 10 beeps per day.

We analyze data from 117 participants; 56 received a **mindfulness training** between the two phases, and 61 served as **controls**.

### Treatment effect on the within-person mean

We use  $NA_{1it}$  and  $NA_{2it}$  as two separate variables!

Decomposition into a between part and a within part

Pre-treatment phase:  $NA_{1it} = \mu_{1i} + NA_{1it}^*$ Post-treatment phase:  $NA_{2it} = \mu_{2i} + NA_{2it}^*$ 

#### Between level

 $\mu_{1i} = \gamma_{00} + \gamma_{01} Group_i + u_{1i}$  $\mu_{2i} = \gamma_{10} + \mu_{1i} + \gamma_{11} Group_i + u_{2i}$ 

- $\gamma_{01}$  is the **initial difference** between the groups
- $\gamma_{10}$  is the effect of time
- $\gamma_{11}$  is the effect of treatment

Note:  $\mu_{2i} - \mu_{1i} = \gamma_{10} + \gamma_{11} Group_i + u_{2i}$ .

## **Mplus input**

```
MODEL:
    %WITHIN%
    na_pre WITH na_post@0;
    %BETWEEN%
    na_pre ON Group;
    na_post ON na_pre@1 Group;
    na pre WITH na post;
```

Note: When  $NA_{1it}$  is observed,  $NA_{2it}$  is missing, and vice versa; hence, we fix their within-person **covariance to zero**.

# **Mplus results**

|   | Estimate        | Posterior<br>S.D. | One-Tailed<br>P-Value |                 | C.I.<br>Upper 2.5% | Significance |
|---|-----------------|-------------------|-----------------------|-----------------|--------------------|--------------|
| Within Level                            |                 |                   |                       |                 |                    |              |
| NA_PRE WITH<br>NA_POST                  | 0.000           | 0.000             | 1.000                 | 0.000           | 0.000              |              |
| Variances<br>NA_PRE<br>NA_POST          | 0.639<br>0.483  | 0.012             | 0.000                 | 0.616<br>0.466  | 0.662<br>0.501     | *            |
| Between Level                           |                 |                   |                       |                 |                    |              |
| NA_PRE ON<br>GROUP                      | -0.005          | 0.136             | 0.484                 | -0.292          | 0.249              |              |
| NA_POST ON<br>NA_PRE<br>GROUP           | 1.000<br>-0.320 | 0.000<br>0.108    | 0.000<br>0.002        | 1.000<br>-0.539 | 1.000<br>-0.112    | *            |
| NA_PRE WITH<br>NA_POST                  | -0.157          | 0.046             | 0.000                 | -0.262          | -0.082             | *            |
| Intercepts<br>NA_PRE<br>NA_POST         | 2.019<br>0.006  | 0.095<br>0.077    | 0.000<br>0.472        | 1.837<br>-0.148 | 2.210<br>0.155     | *            |
| Residual Variances<br>NA_PRE<br>NA_POST | 0.524<br>0.324  | 0.078<br>0.050    | 0.000                 | 0.402           | 0.706<br>0.439     | *            |

## Treatment effect on autoregression

#### Within level: AR(1) processes

Pre-treatment phase:  $NA_{1it}^* = \phi_{1i}NA_{1it}^* + \zeta_{1it}$ Post-treatment phase:  $NA_{2it}^* = \phi_{2i}NA_{2it}^* + \zeta_{2it}$ 

#### Between level: Pre-treatment phase

 $\mu_{1i} = \gamma_{00} + \gamma_{01} \operatorname{Group}_i + u_{0i}$  $\phi_{1i} = \gamma_{10} + \gamma_{11} \operatorname{Group}_i + u_{1i}$ 

We expect  $\gamma_{01}$  and  $\gamma_{11}$  to be zero.

#### Between level: Post-treatment phase

 $\mu_{2i} = \gamma_{20} + \mu_{1i} + \gamma_{21} Group_i + u_{2i}$  $\phi_{2i} = \gamma_{30} + \phi_{1i} + \gamma_{31} Group_i + u_{3i}$ 

Where:  $\gamma_{20}$  and  $\gamma_{30}$  represent the effects of time and:  $\gamma_{21}$  and  $\gamma_{31}$  represent the effects of treatment

# Mplus results (all effects random)

Between Level

| PHI2<br>PHI1                                    | ON | 1.000                              | 0.000                            | 0.000                            | 1.000                              | 1.000                             |        |
|---|----|------------------------------------|----------------------------------|----------------------------------|------------------------------------|-----------------------------------|--------|
| PHI1<br>GROUP                                   | ON | 0.052                              | 0.047                            | 0.130                            | -0.039                             | 0.142                             |        |
| PHI2<br>GROUP                                   | ON | -0.077                             | 0.066                            | 0.119                            | -0.209                             | 0.057                             |        |
| NA_PRE<br>GROUP                                 | ON | -0.079                             | 0.134                            | 0.284                            | -0.340                             | 0.183                             |        |
| NA_POST<br>NA_PRE<br>GROUP                      | ON | 1.000<br>-0.246                    | 0.000<br>0.105                   | 0.000<br>0.010                   | 1.000<br>-0.457                    | 1.000<br>-0.038                   | *      |
| Intercepts<br>NA_PRE<br>NA_POST<br>PHI1<br>PHI2 |    | 2.008<br>-0.005<br>0.454<br>-0.092 | 0.092<br>0.071<br>0.034<br>0.047 | 0.000<br>0.470<br>0.000<br>0.022 | 1.831<br>-0.148<br>0.390<br>-0.185 | 2.190<br>0.136<br>0.522<br>-0.004 | *<br>* |
| Residual V<br>NA_PRE<br>NA_POST<br>PHI1<br>PHI2 |    | 0.450<br>0.247<br>0.040<br>0.082   | 0.069<br>0.044<br>0.008<br>0.018 | 0.000<br>0.000<br>0.000<br>0.000 | 0.337<br>0.171<br>0.027<br>0.053   | 0.598<br>0.342<br>0.059<br>0.121  | * * *  |

# Mplus results (with fixed change in $\phi$ )

Between Level

| PHI2<br>PHI1                                    | ON | 1.000                              | 0.000                            | 0.000                            | 1.000                              | 1.000                            |             |
|---|----|------------------------------------|----------------------------------|----------------------------------|------------------------------------|----------------------------------|-------------|
| PHI1<br>GROUP                                   | ON | 0.075                              | 0.049                            | 0.053                            | -0.014                             | 0.174                            |             |
| PHI2<br>GROUP                                   | ON | -0.070                             | 0.033                            | 0.014                            | -0.137                             | -0.005                           | *           |
| NA_PRE<br>GROUP                                 | ON | -0.071                             | 0.132                            | 0.302                            | -0.327                             | 0.192                            |             |
| NA_POST<br>NA_PRE<br>GROUP                      | ON | 1.000<br>-0.247                    | 0.000<br>0.105                   | 0.000<br>0.010                   | 1.000<br>-0.454                    | 1.000<br>-0.043                  | *           |
| Intercepts<br>NA_PRE<br>NA_POST<br>PHI1<br>PHI2 |    | 2.012<br>-0.010<br>0.425<br>-0.019 | 0.090<br>0.071<br>0.034<br>0.022 | 0.000<br>0.442<br>0.000<br>0.199 | 1.837<br>-0.152<br>0.356<br>-0.062 | 2.194<br>0.133<br>0.491<br>0.026 | *           |
| Residual V<br>NA_PRE<br>NA_POST<br>PHI1<br>PHI2 |    | 0.458<br>0.261<br>0.050<br>0.001   | 0.069<br>0.044<br>0.009<br>0.000 | 0.000<br>0.000<br>0.000<br>0.000 | 0.344<br>0.188<br>0.035<br>0.001   | 0.615<br>0.360<br>0.070<br>0.001 | *<br>*<br>* |

# Including a level 1 predictor

Let  $UnPl_{1it}$  and  $UnPl_{2it}$  be variables for phases 1 and 2, that indicate whether something emotionally charged happened since the previous beep (positive scores is Pleasant event, negative score is Unpleasant event).

#### Within level

Pre-treatment phase:  $NA_{1it}^* = \phi_{1i}NA_{1it}^* + \beta_{1i}UnPl_{1it}^* + \zeta_{1it}$ Post-treatment phase:  $NA_{2it}^* = \phi_{2i}NA_{2it}^* + \beta_{2i}UnPl_{2it}^* + \zeta_{2it}$ 

where:

- $\phi_{1i}$  and  $\phi_{2i}$  represent carry-over
- $\beta_{1i}$  and  $\beta_{2i}$  represent reactivity/sensitivity

## Including a level 1 predictor

At between level we include Group as predictor for pre-treatment phase:

#### Between level: Pre-treatment phase

 $\mu_{1i} = \gamma_{00} + \gamma_{01} \operatorname{Group}_i + u_{0i}$   $\phi_{1i} = \gamma_{10} + \gamma_{11} \operatorname{Group}_i + u_{1i}$  $\beta_{1i} = \gamma_{20} + \gamma_{21} \operatorname{Group}_i + u_{2i}$ 

where  $\gamma_{00}$ ,  $\gamma_{10}$ , and  $\gamma_{20}$  are expected to be zero.

For the post-treatment phase, we model the change in mean, carry-over, and reactivity:

#### Between level: Post-treatment phase

$$\mu_{2i} = \gamma_{40} + \mu_{1i} + \gamma_{41} Group_i + u_{4i} \phi_{2i} = \gamma_{50} + \phi_{1i} + \gamma_{51} Group_i + u_{5i} \beta_{2i} = \gamma_{60} + \beta_{1i} + \gamma_{61} Group_i + u_{6i}$$

where

- $\gamma_{40},\,\gamma_{50},\,{\rm and}\,\,\gamma_{60}$  represent change due to time
- $\gamma_{41}$ ,  $\gamma_{51}$ , and  $\gamma_{61}$  represent treatment effect

## Mplus input: Centering within predictors

#### VARIABLE:

| names      | =    | ID Time PrePost Group<br>pa_pre pa_post na_pre na_post<br>PDLA_pre PDLA_post UnPl_pre UnPl_post<br>ham pre ham post ; |
|------------|------|---|
| cluster    | =    | ID;   |
| usevar     | =    | <pre>na pre na post UnPl pre UnPl post Group;</pre>   |
| lagged     | =    | na pre(1) na post(1);   |
| within     | =    | UnPl_pre UnPl_post;   |
| between    | =    | Group;  |
| tinterval  | =    | Time(1);  |
| missing    | =    | all(-999);  |
| DEFINE: ce | nter | <pre>UnPl_pre UnPl_post (groupmean);</pre>  |
| ANALYSIS:  | pro  | E IS TWOLEVEL random; estimator=bayes;<br>c = 2; biter= (2000); bseed = 5229;<br>n = 10;                              |

## Mplus input: Within and between model

Note: The within-person predictor has missings; by asking for the variances, Mplus treats it as a y-variable, which is allowed to have missings.

```
MODEL:

%WITHIN%

phi1 | na_pre ON na_pre&1;

beta1 | na_pre ON UnPl_pre;

phi2 | na_post ON na_post&1;

beta2 | na_post ON UnPl_post;

na_pre-UnPl_post WITH na_post-UnPl_post@0;

UnPl_pre; UnPl_post;

%BETWEEN%

na_pre phi1 beta1 ON Group;

na_post ON na_pre@1 Group;

phi2 ON phi1@1 Group;

beta2 ON beta1@1 Group;
```

## Mplus output: Regressions at Between level

Between Level

| PHI2<br>PHI1               | ON | 1.000           | 0.000          | 0.000 | 1.000           | 1.000           |
|----------------------------|----|-----------------|----------------|-------|-----------------|-----------------|
| BETA2<br>BETA1             | ON | 1.000           | 0.000          | 0.000 | 1.000           | 1.000           |
| PHI1<br>GROUP              | ON | 0.050           | 0.046          | 0.119 | -0.035          | 0.144           |
| BETA1<br>GROUP             | ON | 0.001           | 0.019          | 0.470 | -0.034          | 0.041           |
| PHI2<br>GROUP              | ON | -0.077          | 0.068          | 0.123 | -0.214          | 0.053           |
| BETA2<br>GROUP             | ON | -0.016          | 0.026          | 0.264 | -0.069          | 0.032           |
| NA_PRE<br>GROUP            | ON | -0.070          | 0.134          | 0.297 | -0.340          | 0.180           |
| NA_POST<br>NA_PRE<br>GROUP | ON | 1.000<br>-0.255 | 0.000<br>0.105 | 0.000 | 1.000<br>-0.463 | 1.000<br>-0.059 |

Group only has an effect on the change in the mean (i.e.,  $\mu_{2i} - \mu_{1i}$ ).

\*

## Mplus output: Intercepts and random effects

| Intercepts        |        |       |       |        |        |   |
|-------------------|--------|-------|-------|--------|--------|---|
| NA PRE            | 2.012  | 0.091 | 0.000 | 1.835  | 2.189  | * |
| NA POST           | -0.014 | 0.071 | 0.422 | -0.155 | 0.126  |   |
| PHI1              | 0.423  | 0.033 | 0.000 | 0.357  | 0.487  | * |
| BETA1             | -0.123 | 0.013 | 0.000 | -0.150 | -0.097 | * |
| PHI2              | -0.082 | 0.047 | 0.039 | -0.173 | 0.011  |   |
| BETA2             | 0.005  | 0.018 | 0.388 | -0.027 | 0.041  |   |
| Residual Variance | es     |       |       |        |        |   |
| NA_PRE            | 0.466  | 0.070 | 0.000 | 0.355  | 0.632  | * |
| NA_POST           | 0.268  | 0.042 | 0.000 | 0.199  | 0.359  | * |
| PHI1              | 0.038  | 0.008 | 0.000 | 0.026  | 0.056  | * |
| BETA1             | 0.006  | 0.001 | 0.000 | 0.004  | 0.009  | * |
| PHI2              | 0.078  | 0.016 | 0.000 | 0.051  | 0.114  | * |
| BETA2             | 0.008  | 0.003 | 0.000 | 0.005  | 0.015  | * |
|                   |        |       |       |        |        |   |

#### Conclusion:

- means of  $\mu_{1i}$ ,  $\phi_{1i}$ , and  $\beta_{1i}$  deviate from zero
- no change due to time (intercepts for  $\mu_{2i}$ ,  $\phi_{2i}$ , and  $\beta_{2i}$  are zero)

## Including a level 2 predictor

Let  $Ham_{1i}$  and  $Ham_{2i}$  be depression scores for phases 1 and 2; these were obtained with the Hamilton depression scale prior to each ESM episode.

#### Within level

Pre-treatment phase:  $NA_{1it}^* = \phi_{1i}NA_{1it}^* + \beta_{1i}UnPl_{1it}^* + \zeta_{1it}$ Post-treatment phase:  $NA_{2it}^* = \phi_{2i}NA_{2it}^* + \beta_{2i}UnPl_{2it}^* + \zeta_{2it}$ 

where:

- $\phi_{1i}$  and  $\phi_{2i}$  represent carry-over
- $\beta_{1i}$  and  $\beta_{2i}$  represent reactivity/sensitivity

## Including a level 2 predictor (pre-treatment)

At between level we include Group as predictor for pre-treatment phase:

#### Between level: Pre-treatment phase

$$\begin{aligned} \mu_{1i} &= \gamma_{00} + \gamma_{01} Group_i + \gamma_{02} Ham_{1i} + u_{0i} \\ \phi_{1i} &= \gamma_{10} + \gamma_{11} Group_i + \gamma_{12} Ham_{1i} + u_{1i} \\ \beta_{1i} &= \gamma_{20} + \gamma_{21} Group_i + \gamma_{22} Ham_{1i} + u_{2i} \\ Ham_{1i} &= \gamma_{30} + \gamma_{31} Group_i + u_{3i} \end{aligned}$$

where

- $\gamma_{01}, \, \gamma_{11}, \, \gamma_{21},$  and  $\gamma_{31}$  are expected to be zero
- $\gamma_{02}$  is expected to be positive
- $\gamma_{12}$  is expected to be positive
- $\gamma_{22}$  is expected to be non-zero

## Including a level 2 predictor (post-treatment)

For the post-treatment phase, we model the change in mean, carry-over, reactivity, and depression score:

#### Between level: Post-treatment phase

$$\begin{split} \mu_{2i} &= \gamma_{50} + \mu_{1i} + \gamma_{51} Group_i + \gamma_{52} Ham_{2i} + u_{5i} \\ \phi_{2i} &= \gamma_{60} + \phi_{1i} + \gamma_{61} Group_i + \gamma_{62} Ham_{2i} + u_{6i} \\ \beta_{2i} &= \gamma_{70} + \beta_{1i} + \gamma_{71} Group_i + \gamma_{72} Ham_{2i} + u_{7i} \\ Ham_{2i} &= \gamma_{80} + Ham_{i1} + \gamma_{81} Group_i + u_{8i} \end{split}$$

#### where

- $\gamma_{50}$ ,  $\gamma_{60}$ ,  $\gamma_{70}$ , and  $\gamma_{80}$  represent change due to time
- $\gamma_{51}\text{, }\gamma_{61}\text{, }\gamma_{71}\text{, and }\gamma_{81}$  represent direct treatment effect
- $\gamma_{52}\text{, }\gamma_{62}\text{, and }\gamma_{72}$  represent change predicted by depression score
- $\gamma_{81}*\gamma_{52}$  treatment effect on change in mean mediated through depression
- $\gamma_{81}*\gamma_{62}$  treatment effect on change in carry-over mediated through depression
- $\gamma_{81}*\gamma_{72}$  treatment effect on change in reactivity mediated through depression

## **Mediation of Group**

#### Between level: Post-treatment phase

$$\begin{split} \mu_{2i} &= \gamma_{50} + \mu_{1i} + \gamma_{51} Group_i + \gamma_{52} Ham_{2i} + u_{5i} \\ \phi_{2i} &= \gamma_{60} + \phi_{1i} + \gamma_{61} Group_i + \gamma_{62} Ham_{2i} + u_{6i} \\ \beta_{2i} &= \gamma_{70} + \beta_{1i} + \gamma_{71} Group_i + \gamma_{72} Ham_{2i} + u_{7i} \\ Ham_{2i} &= \gamma_{80} + Ham_{i1} + \gamma_{81} Group_i + u_{8i} \end{split}$$

Group has a direct effect on the random effects (i.e.,  $\mu_{2i}$ ,  $\phi_{2i}$ , and  $\beta_{2i}$ ):

- $\gamma_{51}$
- $\gamma_{61}$
- γ<sub>71</sub>

Group also has an indirect effect through  $Ham_{2i}$ :

- on  $\mu_{2i}$ :  $\gamma_{81} \times \gamma_{52}$
- on  $\phi_{2i}$ :  $\gamma_{81} \times \gamma_{62}$
- on  $\beta_{2i}$ :  $\gamma_{81} \times \gamma_{72}$

## **Mplus input**

```
MODEL:
    SWITTHINS
    phi1 | na pre ON na pre&1;
    beta1 | na pre ON UnPl pre;
    phi2 | na post ON na post&1;
    beta2 | na post ON UnPl post;
    na pre-UnPl post WITH na post-UnPl post@0;
    UnPl pre; UnPl post;
    $BETWEEN$
    ham pre ON Group;
    na pre phil betal ON Group ham pre;
    na post ON na pre@1 Group ham post (e1-e3);
    phi2 ON phi101 Group ham post (d1-d3);
    beta2 ON beta1@1 Group ham post (b1-b3);
    ham post ON ham pre@1 Group (a1-a2);
model constraint:
    new (ind GDm); ind GDm=a2*e3; !indirect effect from group on change in mu
    new (ind GDp); ind GDp=a2*d3; !indirect effect from group on change in phi
    new (ind GDb); ind GDb=a2*b3; !indirect effect from group on change in beta
```

Mplus output

| PHI | I2<br>PHI1                    | ON | 1.000           | 0.000          | 0.000 | 1.000           | 1.000          |   |
|-----|-------------------------------|----|-----------------|----------------|-------|-----------------|----------------|---|
|     | FA2<br>BETA1                  | ON | 1.000           | 0.000          | 0.000 | 1.000           | 1.000          |   |
| PHI | I1<br>GROUP<br>HAM PRE        | ON | 0.047           | 0.045          | 0.155 | -0.043          | 0.135          |   |
| BEI | -                             | ON | 0.002           | 0.018          | 0.461 | -0.033          | 0.039          | * |
| PHI | _                             | ON | -0.050          |                | 0.212 |                 | 0.076          | * |
| BEI | –<br>IA2<br>GROUP             | ON | -0.015          |                | 0.281 | -0.069          | 0.034          |   |
| HAN | HAM_POST<br>1_PRE<br>GROUP    | ON | 0.020           |                | 0.255 | -0.054          | 0.102          |   |
| NA_ | _PRE<br>GROUP<br>HAM_PRE      | ON | -0.098<br>1.334 | 0.125<br>0.287 | 0.204 | -0.361<br>0.789 | 0.144<br>1.904 | * |
|     | POST<br>NA_PRE<br>GROUP       |    | 1.000           | 0.102          |       | 1.000           | 1.000          |   |
| HAN | HAM_POST<br>1_POST<br>HAM_PRE | ON | 0.641           | 0.197          |       | 1.000           | 1.039          | * |
|     | GROUP                         |    | -0.141          | 0.049          | 0.002 | -0.237          | -0.043         | * |

## **Mplus output**

| Intercepts       |            |       |       |        |        |   |
|------------------|------------|-------|-------|--------|--------|---|
| HAM PRE          | 0.592      | 0.028 | 0.000 | 0.538  | 0.647  | * |
| HAM POST         | -0.049     | 0.033 | 0.075 | -0.114 | 0.015  |   |
| NA PRE           | 1.208      | 0.190 | 0.000 | 0.849  | 1.596  | * |
| NA POST          | -0.359     | 0.124 | 0.002 | -0.604 | -0.100 | * |
| PHI1             | 0.319      | 0.073 | 0.000 | 0.177  | 0.456  | * |
| BETA1            | -0.061     | 0.029 | 0.020 | -0.116 | -0.005 | * |
| PHI2             | -0.234     | 0.083 | 0.002 | -0.401 | -0.082 | * |
| BETA2            | -0.004     | 0.032 | 0.466 | -0.066 | 0.061  |   |
| Residual Variar  | ices       |       |       |        |        |   |
| HAM PRE          | 0.046      | 0.006 | 0.000 | 0.035  | 0.061  | * |
| HAM POST         | 0.067      | 0.009 | 0.000 | 0.052  | 0.089  | * |
| NA PRE           | 0.380      | 0.057 | 0.000 | 0.290  | 0.507  | * |
| NA POST          | 0.242      | 0.042 | 0.000 | 0.173  | 0.344  | * |
| PHI1             | 0.036      | 0.007 | 0.000 | 0.025  | 0.052  | * |
| BETA1            | 0.006      | 0.001 | 0.000 | 0.004  | 0.008  | * |
| PHI2             | 0.073      | 0.015 | 0.000 | 0.048  | 0.108  | * |
| BETA2            | 0.010      | 0.003 | 0.000 | 0.005  | 0.016  | * |
| New/Additional H | Parameters |       |       |        |        |   |
| IND GDM          | -0.086     | 0.044 | 0.004 | -0.190 | -0.019 | * |
| IND GDP          | -0.037     | 0.023 | 0.014 | -0.091 | -0.002 | * |
| IND_GDB          | -0.002     | 0.007 | 0.341 | -0.018 | 0.011  |   |

## Considerations about the level 2 predictors...

We just did a model with:

#### Between level: Post-treatment phase

$$\begin{split} \mu_{2i} &= \gamma_{50} + \mu_{1i} + \gamma_{51} Group_i + \gamma_{52} Ham_{2i} + u_{5i} \\ \phi_{2i} &= \gamma_{60} + \phi_{1i} + \gamma_{61} Group_i + \gamma_{62} Ham_{2i} + u_{6i} \\ \beta_{2i} &= \gamma_{70} + \beta_{1i} + \gamma_{71} Group_i + \gamma_{72} Ham_{2i} + u_{7i} \\ Ham_{2i} &= \gamma_{80} + Ham_{i1} + \gamma_{81} Group_i + u_{8i} \end{split}$$

Instead, we could use  $\Delta Ham_i = Ham_{2i} - Ham_{1i}$ , we get:

#### Between level: Post-treatment phase

$$\mu_{2i} = \gamma_{50} + \mu_{1i} + \gamma_{51} Group_i + \gamma_{52} \Delta Ham_i + u_{5i} \phi_{2i} = \gamma_{60} + \phi_{1i} + \gamma_{61} Group_i + \gamma_{62} \Delta Ham_i + u_{6i} \beta_{2i} = \gamma_{70} + \beta_{1i} + \gamma_{71} Group_i + \gamma_{72} \Delta Ham_i + u_{7i} \Delta Ham_i = \gamma_{80} + \gamma_{81} Group_i + u_{8i}$$

## **Mplus input**

```
DEFINE: center UnPl pre UnPl post (groupmean);
         D diff = ham post - ham pre;
         center ham pre D diff (grandmean);
ANALYSIS: TYPE IS TWOLEVEL random; estimator=bayes;
            proc = 2; biter= (2000); bseed = 8179; thin = 10;
MODEL:
    WTTHINS
    phi1 | na pre ON na pre&1;
    betal | na pre ON UnPl pre;
    phi2 | na post ON na post&1;
    beta2 | na post ON UnPl post;
    na pre-UnPl post WITH na post-UnPl post@0;
    UnPl pre; UnPl post;
    SBETWEENS
    ham pre ON Group;
    na pre phil betal ON Group ham pre;
    na post ON na pre@1 Group D diff (e1-e3);
    phi2 ON phi1@1 Group D diff (d1-d3);
    beta2 ON beta101 Group D diff (b1-b3);
    D diff ON Group (a2);
model constraint:
    new (ind GDm); ind GDm=a2*e3; !indirect effect from group on change in mu
    new (ind GDp); ind GDp=a2*d3; !indirect effect from group on change in phi
    new (ind GDb); ind GDb=a2*b3; !indirect effect from group on change in beta
```

 $\underset{{}_{\text{Between Level}}}{\text{Mplus output}}$ 

ON

DUTO

| PHI2<br>PHI1                         | ON | 1.000                    | 0.000                   | 0.000          | 1.000                    | 1.000                   |   |
|--------------------------------------|----|--------------------------|-------------------------|----------------|--------------------------|-------------------------|---|
| BETA2<br>BETA1                       | ON | 1.000                    | 0.000                   | 0.000          | 1.000                    | 1.000                   |   |
| PHI1<br>GROUP<br>HAM_PRE             | ON | 0.044<br>0.217           | 0.045<br>0.107          | 0.163<br>0.020 | -0.045<br>0.015          | 0.132<br>0.437          | * |
| BETA1<br>GROUP<br>HAM_PRE            | ON | 0.003<br>-0.109          | 0.019<br>0.044          |                | -0.032<br>-0.195         |                         | * |
| PHI2<br>GROUP<br>D_DIFF              | ON | -0.049<br>0.197          | 0.067<br>0.130          | 0.231<br>0.068 | -0.180<br>-0.069         | 0.083<br>0.452          |   |
| BETA2<br>GROUP<br>D_DIFF             | ON | -0.011<br>0.014          | 0.025<br>0.045          | 0.331<br>0.370 | -0.058<br>-0.073         | 0.037<br>0.104          |   |
| HAM_PRE<br>GROUP                     | ON | 0.026                    | 0.041                   | 0.270          | -0.058                   | 0.105                   |   |
| NA_PRE<br>GROUP<br>HAM_PRE           | ON | -0.104<br>1.408          | 0.121<br>0.282          | 0.199<br>0.000 | -0.338<br>0.827          | 0.138<br>1.948          | * |
| NA_POST<br>NA_PRE<br>GROUP<br>D_DIFF | ON | 1.000<br>-0.111<br>1.050 | 0.000<br>0.099<br>0.183 |                | 1.000<br>-0.299<br>0.685 | 1.000<br>0.084<br>1.398 | * |
| D_DIFF<br>GROUP                      | ON | -0.145                   | 0.048                   | 0.002          | -0.238                   | -0.051                  | * |

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## **Mplus output**

| Intercepts         |          |       |       |        |        |   |  |  |  |
|--------------------|----------|-------|-------|--------|--------|---|--|--|--|
| HAM_PRE            | -0.012   | 0.028 | 0.333 | -0.069 | 0.045  |   |  |  |  |
| D_DIFF             | 0.070    | 0.034 | 0.020 | 0.003  | 0.137  | * |  |  |  |
| NA PRE             | 2.026    | 0.082 | 0.000 | 1.865  | 2.178  | * |  |  |  |
| NA POST            | -0.081   | 0.065 | 0.105 | -0.214 | 0.042  |   |  |  |  |
| PHI1               | 0.426    | 0.032 | 0.000 | 0.362  | 0.486  | * |  |  |  |
| BETA1              | -0.125   | 0.013 | 0.000 | -0.151 | -0.100 | * |  |  |  |
| PHI2               | -0.095   | 0.047 | 0.023 | -0.191 | -0.003 | * |  |  |  |
| BETA2              | 0.002    | 0.017 | 0.461 | -0.032 | 0.034  |   |  |  |  |
|                    |          |       |       |        |        |   |  |  |  |
| Residual Variances |          |       |       |        |        |   |  |  |  |
| HAM PRE            | 0.046    | 0.006 | 0.000 | 0.036  | 0.060  | * |  |  |  |
| D DIFF             | 0.067    | 0.009 | 0.000 | 0.051  | 0.089  | * |  |  |  |
| NA PRE             | 0.377    | 0.056 | 0.000 | 0.283  | 0.503  | * |  |  |  |
| NA POST            | 0.196    | 0.035 | 0.000 | 0.140  | 0.274  | * |  |  |  |
| PHI1               | 0.037    | 0.007 | 0.000 | 0.025  | 0.054  | * |  |  |  |
| BETA1              | 0.006    | 0.001 | 0.000 | 0.004  | 0.009  | * |  |  |  |
| PHI2               | 0.077    | 0.015 | 0.000 | 0.051  | 0.111  | * |  |  |  |
| BETA2              | 0.008    | 0.002 | 0.000 | 0.004  | 0.014  | * |  |  |  |
|                    |          |       |       |        |        |   |  |  |  |
| New/Additional Pa  | rameters |       |       |        |        |   |  |  |  |
| IND GDM            | -0.148   | 0.058 | 0.002 | -0.280 | -0.049 | * |  |  |  |
| IND GDP            | -0.026   | 0.022 | 0.070 | -0.079 | 0.009  |   |  |  |  |
| IND GDB            | -0.002   | 0.007 | 0.370 | -0.017 | 0.012  |   |  |  |  |
|                    |          |       | 2.270 |        | 1.010  |   |  |  |  |

## Outline

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## General and relationship specific affect

Ferrer gathered daily diary data from couples regarding their:

- general positive affect that day (G-PA)
- general negative affect that day (G-NA)
- relationship specific positive affect that day (RS-PA)
- relationship specific negative affect that day (RS-NA)

Hence, for each of the 193 dyads there are 8 variables. They were measured on 52-108 days.

## Mplus summary of the data

SUMMARY OF DATA

## Multilevel VAR(1)

| Within level: Vector autoregressive model   |  |  |  |  |  |  |  |  |  |   |  |
|---|--|--|--|--|--|--|--|--|--|---|--|
| $\begin{bmatrix} GPAM_{it}^{*}\\ GNAM_{it}^{*}\\ RSPAM_{it}^{*}\\ RSNAM_{it}^{*}\\ GPAF_{it}^{*}\\ GNAF_{it}^{*}\\ RSPAF_{it}^{*}\\ RSNAF_{it}^{*} \end{bmatrix} =$ | $ \begin{bmatrix} \phi_{11} \\ \phi_{21} \\ \phi_{31} \\ \phi_{41} \\ \phi_{51} \\ \phi_{61} \\ \phi_{71} \\ \phi_{81} \end{bmatrix} $ | $\phi_{12} \\ \phi_{22} \\ \phi_{32} \\ \phi_{42} \\ \phi_{52} \\ \phi_{62} \\ \phi_{72} \\ \phi_{82}$ | $\phi_{13} \\ \phi_{23} \\ \phi_{33} \\ \phi_{43} \\ \phi_{53} \\ \phi_{63} \\ \phi_{73} \\ \phi_{73}$ | $\phi_{14} \\ \phi_{24} \\ \phi_{34} \\ \phi_{44} \\ \phi_{54} \\ \phi_{64} \\ \phi_{74} \\ \phi_{84}$ | $\phi_{15} \\ \phi_{25} \\ \phi_{35} \\ \phi_{45} \\ \phi_{55} \\ \phi_{65} \\ \phi_{75} \\ \phi_{85}$ | $\phi_{16} \\ \phi_{26} \\ \phi_{36} \\ \phi_{46} \\ \phi_{56} \\ \phi_{66} \\ \phi_{76} \\ \phi_{86}$ | φ17<br>φ27<br>φ37<br>φ47<br>φ57<br>φ67<br>φ77<br>φ87 | $\phi_{18} \\ \phi_{28} \\ \phi_{38} \\ \phi_{48} \\ \phi_{58} \\ \phi_{68} \\ \phi_{78} \\ \phi_{88} \end{bmatrix}$ | $\begin{bmatrix} GPAM_{it-1}^* \\ GNAM_{it-1}^* \\ RSPAM_{it-1}^* \\ RSNAM_{it-1}^* \\ GPAF_{it-1}^* \\ GNAF_{it-1}^* \\ RSPAF_{it-1}^* \\ RSNAF_{it-1}^* \end{bmatrix}$ | + | $\begin{bmatrix} \zeta_1 it \\ \zeta_2 it \\ \zeta_3 it \\ \zeta_4 it \\ \zeta_5 it \\ \zeta_6 it \\ \zeta_7 it \\ \zeta_8 it \end{bmatrix}$ |

#### which gives:

 $\begin{aligned} & GPAM^*_{it} = \phi_{11} GPAM^*_{it-1} + \phi_{12} GNAM^*_{it-1} + \phi_{13} RSPAM^*_{it-1} + \phi_{14} RSNAM^*_{it-1} + \\ & \phi_{15} GPAF^*_{it-1} + \phi_{16} GNAF^*_{it-1} + \phi_{17} RSPAF^*_{it-1} + \phi_{18} RSNAF^*_{it-1} + \zeta_{1it} \\ & \text{etc.} \end{aligned}$ 

## Multilevel VAR(1)

Within level: Residual covariance matrix

$$\begin{bmatrix} \zeta_{1it} \\ \zeta_{2it} \\ \dots \\ \zeta_{8it} \end{bmatrix} \sim MN(\mathbf{0}, \mathbf{\Theta}^*)$$

Hence, we estimate  $8\times8=64$  lagged parameters, and  $8\times9/2=36$  variances and covariances at the within-person level.

Between level: Fixed and random effects

$$\begin{bmatrix} \mu_{1i} \\ \mu_{2i} \\ \dots \\ \mu_{8i} \end{bmatrix} \sim MN(\boldsymbol{\gamma}, \boldsymbol{\Psi})$$

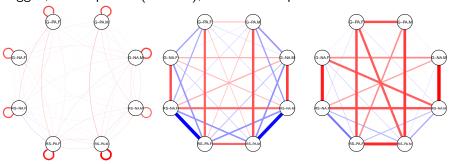
Hence, we estimate 8 grand means, and  $8 \times 9/2 = 36$  variances and covariances at the between-person level. In total: 144 parameters.

## Mplus input for multilevel VAR(1)

```
VARIABLE:
```

```
names = dyad day
           GPAM GNAM RSPAM RSNAM
           GPAF GNAF RSPAF RSNAF
           RelSat1M RelSat1F
           RelSat2M RelSat2F
           BrUpM BrUpF;
usevar = GPAM-RSNAF;
lagged = GPAM-RSNAF(1);
cluster = dyad;
missing = all(999);
ANALYSIS: TYPE IS TWOLEVEL; estimator = bayes;
           proc = 2; biter = (5000); bseed = 574;
MODEL:
   %WTTHTN%
   GPAM-RSNAF ON GPAM&1-RSNAF&1;
   GPAM-RSNAF WITH GPAM-RSNAF;
   SBETWEENS
   GPAM-RSNAF WITH GPAM-RSNAF:
```

## **Three networks**



Lagged, within-person (residual), and between-person networks:

#### Note:

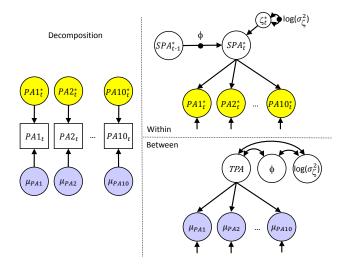
- the lagged network is based on the within-person standardized lagged relationships
- the within-person residual network is based on within-person correlated residuals
- the between-person network is based on the correlated within-person means

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## Multilevel AR factor model

Using the 10 indicators of PA from the COGITO study, we can specify a multilevel factor model:



## Multilevel latent AR(1) model

Decomposition

$$\mathbf{y}_{it} = \boldsymbol{\mu}_i + \mathbf{y}_{it}^*$$

Within level: State positive affect

$$\mathbf{y}_{it}^* = \mathbf{\Lambda}^* SPA_{it}^* + \boldsymbol{\epsilon}_i^* \qquad \quad \boldsymbol{\epsilon}_i^* \sim MN(\mathbf{0}, \boldsymbol{\Theta})$$

$$SPA_{it}^* = \phi_i SPA_{i,t-1}^* + \zeta_{it}^* \qquad \zeta_{it}^* \sim N(0, \sigma_{\zeta,i}^2)$$

Between level: Trait positive affect

$$\boldsymbol{\mu}_i = \boldsymbol{\nu} + \boldsymbol{\Lambda} TPA_i + \boldsymbol{\epsilon}_i$$

$$\begin{bmatrix} TPA_i \\ \phi_i \\ log(\sigma_{\zeta,i}^2) \end{bmatrix} = \begin{bmatrix} \gamma_{TPA} \\ \gamma_{\phi} \\ \gamma_{logVar} \end{bmatrix} + \begin{bmatrix} u_{TPA,i} \\ u_{\phi,i} \\ u_{logVar,i} \end{bmatrix}$$

## Mplus input latent AR(1) model

| VARIABLE :                    |   |  |  |  |  |  |  |  |
|-------------------------------|---|--|--|--|--|--|--|--|
| names                         | = ID sessdate nal na2 na3 na4 na5 na6 na7 na8 na9 na10<br>pa1 pa2 pa3 pa4 pa5 pa6 pa7 pa8 pa9 pa10 sessionNr<br>ace pre sex CESDpre CESDpost dayNA dayPA older;                       |  |  |  |  |  |  |  |
| cluster                       | = ID;   |  |  |  |  |  |  |  |
| usevar                        | = pa1-pa10 sessdate;  |  |  |  |  |  |  |  |
|                               | <pre>= sessdate(1);</pre>   |  |  |  |  |  |  |  |
| missing                       | = all(-999);  |  |  |  |  |  |  |  |
| ANALYSIS:                     | TYPE IS TWOLEVEL RANDOM; estimator=bayes;<br>proc = 2; biter = (5000); bseed = 297; thin = 10;  |  |  |  |  |  |  |  |
| SPA BY<br>SPA BY<br>phi   S   | MODEL:<br>%WITHIN%<br>SPA BY pa1-pa10 (&1); ! FACTOR MODEL WITHIN<br>SPA BY pa2-pa10 (LW2-LW10); ! GIVE LABELS<br>phi   SPA ON SPA&1; ! LATENT AR(1)<br>logVZ   SPA; ! RANDOM INN VAR |  |  |  |  |  |  |  |
| <pre>%BETWEE</pre>            | N8  |  |  |  |  |  |  |  |
|                               | pa1-pa10 (LB1-LB10); ! FACTOR MODEL BETWEEN<br>H phi; TPA phi WITH logVZ;   |  |  |  |  |  |  |  |
| IFA WII                       | h phi, iff phi with logvz,  |  |  |  |  |  |  |  |
| new (di<br>new (di<br>new (di | <pre>onstraint: ! COMPARE FACTOR LOADINGS f12); difL2=LB2-LW2; fL3); difL4=LB4-LW4;</pre>   |  |  |  |  |  |  |  |
|                               | fL5); difL5=LB5-LW5;  |  |  |  |  |  |  |  |
|                               | fL6); difL6=LB6-LW6;  |  |  |  |  |  |  |  |
|                               | fL7); difL7=LB7-LW7;  |  |  |  |  |  |  |  |
|                               | fL8); difL8=LB8-LW8;  |  |  |  |  |  |  |  |
|                               | fL9); difL9=LB9-LW9;<br>fL10); difL10=LB10-LW10;  |  |  |  |  |  |  |  |
| new (di                       | TTTO); (TTTTTO-TPTO-TMTO)   |  |  |  |  |  |  |  |

OUTPUT: TECH1 TECH8 STDYX;

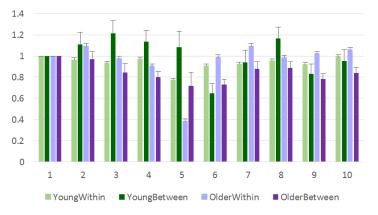
# Mplus output: Comparing factor loadings across levels

| New/Additional | Parameters |       |       |        |        |   |
|----------------|------------|-------|-------|--------|--------|---|
| DIFL2          | -0.106     | 0.076 | 0.090 | -0.242 | 0.060  |   |
| DIFL3          | -0.118     | 0.089 | 0.101 | -0.277 | 0.069  |   |
| DIFL4          | -0.095     | 0.060 | 0.077 | -0.199 | 0.037  |   |
| DIFL5          | 0.361      | 0.129 | 0.002 | 0.117  | 0.621  | * |
| DIFL6          | -0.246     | 0.057 | 0.001 | -0.346 | -0.121 | * |
| DIFL7          | -0.202     | 0.076 | 0.009 | -0.334 | -0.037 | * |
| DIFL8          | -0.080     | 0.061 | 0.107 | -0.187 | 0.053  |   |
| DIFL9          | -0.223     | 0.054 | 0.000 | -0.315 | -0.101 | * |
| DIFL10         | -0.199     | 0.060 | 0.003 | -0.305 | -0.066 | * |
|                |            |       |       |        |        |   |

Conclusion: 5 out of 10 factor loadings show evidence for being different across levels.

## Factor loadings within-between for young-older

Factor loadings within and between for Young and Older



PA5 is the item "stolz"

Other items: 1) enthusiastic; 2) excited; 3) strong; 4) interested; 5) proud; 6) alert; 7) inspired; 8) determined; 9) attentive; 10) active

## $\underset{\text{\tiny R-square}}{\text{Mplus output: R-square}}$

#### Within-Level R-Square Averaged Across Clusters

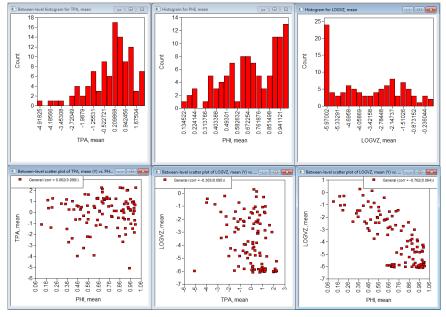
|               |          | Posterior | One-Tailed | 95%        | с.і.       |
|---------------|----------|-----------|------------|------------|------------|
| Variable      | Estimate | S.D.      | P-Value    | Lower 2.5% | Upper 2.5% |
| PA1           | 0.291    | 0.009     | 0.000      | 0.273      | 0.310      |
| PA2           | 0.314    | 0.010     | 0.000      | 0.293      | 0.333      |
| PA3           | 0.252    | 0.010     | 0.000      | 0.233      | 0.272      |
| PA4           | 0.302    | 0.010     | 0.000      | 0.282      | 0.323      |
| PA5           | 0.057    | 0.007     | 0.000      | 0.045      | 0.071      |
| PA6           | 0.305    | 0.010     | 0.000      | 0.285      | 0.325      |
| PA7           | 0.260    | 0.010     | 0.000      | 0.241      | 0.282      |
| PA8           | 0.273    | 0.010     | 0.000      | 0.254      | 0.294      |
| PA9           | 0.366    | 0.010     | 0.000      | 0.346      | 0.386      |
| PA10          | 0.339    | 0.010     | 0.000      | 0.319      | 0.360      |
| []            |          |           |            |            |            |
| SPA           | 0.549    | 0.012     | 0.000      | 0.525      | 0.573      |
| Between Level |          |           |            |            |            |
| []            |          |           |            |            |            |
| PA1           | 0.767    | 0.045     | 0.000      | 0.664      | 0.843      |
| PA2           | 0.844    | 0.031     | 0.000      | 0.775      | 0.895      |
| PA3           | 0.614    | 0.064     | 0.000      | 0.474      | 0.728      |
| PA4           | 0.876    | 0.025     | 0.000      | 0.819      | 0.916      |
| PA5           | 0.295    | 0.077     | 0.000      | 0.149      | 0.450      |
| PA6           | 0.872    | 0.027     | 0.000      | 0.811      | 0.914      |
| PA7           | 0.835    | 0.033     | 0.000      | 0.757      | 0.889      |
| PA8           | 0.947    | 0.013     | 0.000      |            | 0.966      |
| PA9           | 0.975    | 0.008     | 0.000      | 0.957      | 0.986      |
| PA10          | 0.935    | 0.015     | 0.000      | 0.900      | 0.958      |

## Mplus output: Correlations at between level

#### STDYX Standardization

|                          | Estimate        | Posterior<br>S.D. | One-Tailed<br>P-Value |                  | C.I.<br>Upper 2.5% | Significance |
|--------------------------|-----------------|-------------------|-----------------------|------------------|--------------------|--------------|
| Between Level<br>[]      |                 |                   |                       |                  |                    |              |
| TPA WITH<br>PHI<br>LOGVZ | 0.067<br>-0.303 | 0.110<br>0.096    | 0.263                 | -0.146<br>-0.473 | 0.285<br>-0.100    | *            |
| PHI WITH<br>LOGVZ        | -0.728          | 0.063             | 0.000                 | -0.828           | -0.584             | *            |

## Mplus output: Between-level plots



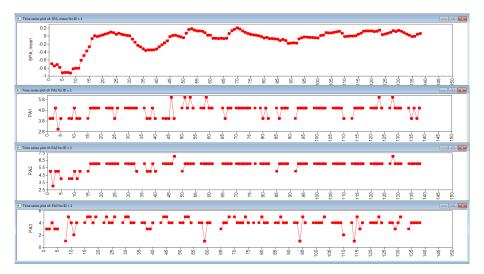
## Mplus output: Estimated factor scores for $\phi_i$

#### Using the statement: OUTPUT: TECH1 TECH8 STDYX FSCOMPARISON; PLOT: TYPE = PLOT3; FACTOR = ALL(1000);

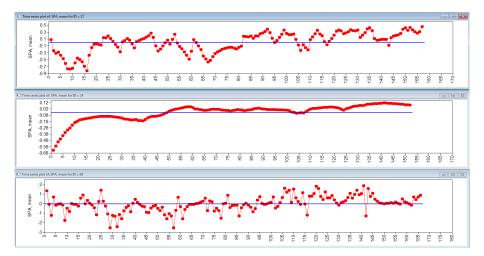
Results for Factor PHI

| Ranking | Cluster | Factor Score | Ranking | Cluster | Factor Score | Ranking | Cluster | Factor Score |
|---------|---------|--------------|---------|---------|--------------|---------|---------|--------------|
| 1       | 144     | 1.000        | 2       | 99      | 0.999        | 3       | 193     | 0.996        |
| 4       | 156     | 0.994        | 5       | 132     | 0.989        | 6       | 151     | 0.989        |
| 7       | 166     | 0.988        | 8       | 181     | 0.985        | 9       | 90      | 0.981        |
| 10      | 53      | 0.979        | 11      | 87      | 0.969        | 12      | 112     | 0.968        |
| 13      | 168     | 0.966        | 14      | 39      | 0.965        | 15      | 6       | 0.958        |
| 16      | 157     | 0.949        | 17      | 94      | 0.942        | 18      | 58      | 0.941        |
| 19      | 190     | 0.938        | 20      | 171     | 0.936        | 21      | 9       | 0.931        |
| 22      | 142     | 0.926        | 23      | 163     | 0.924        | 24      | 1       | 0.904        |
| 25      | 113     | 0.903        | 26      | 198     | 0.903        | 27      | 57      | 0.896        |
| 28      | 170     | 0.894        | 29      | 92      | 0.890        | 30      | 24      | 0.886        |
| 31      | 66      | 0.885        | 32      | 65      | 0.882        | 33      | 118     | 0.878        |
| 34      | 108     | 0.877        | 35      | 40      | 0.874        | 36      | 59      | 0.839        |
| 37      | 150     | 0.839        | 38      | 33      | 0.838        | 39      | 96      | 0.823        |
| 40      | 199     | 0.820        | 41      | 47      | 0.813        | 42      | 54      | 0.808        |
| 43      | 37      | 0.802        | 44      | 17      | 0.790        | 45      | 51      | 0.776        |
| 46      | 133     | 0.775        | 47      | 200     | 0.755        | 48      | 127     | 0.739        |
| 49      | 78      | 0.738        | 50      | 74      | 0.729        | 51      | 195     | 0.725        |
| 52      | 203     | 0.722        | 53      | 146     | 0.719        | 54      | 97      | 0.713        |
| 55      | 61      | 0.705        | 56      | 184     | 0.705        | 57      | 38      | 0.700        |

## Estimated factor scores for SPA and observed scores



## Estimated factor scores for 3 individuals



## Multilevel latent AR(2) model

We can specify a multilevel autoregressive model of second order:

Decomposition

$$\mathbf{y}_{it} = \boldsymbol{\mu}_i + \mathbf{y}_{it}^*$$

Within level:

$$\mathbf{y}_{it}^* = \mathbf{\Lambda}^* P A_{it}^* + \boldsymbol{\epsilon}_i^*$$

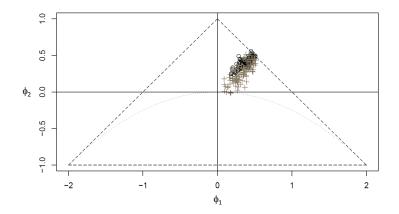
$$PA_{it}^* = \phi_{1i} PA_{i,t-1}^* + \phi_{2i} PA_{i,t-2}^* + \zeta_{it}^*$$

Between level:

 $\boldsymbol{\mu}_i = \boldsymbol{\nu} + \boldsymbol{\Lambda} \boldsymbol{P} \boldsymbol{A}_i + \boldsymbol{\epsilon}_i$ 

$$\begin{bmatrix} \eta_i \\ \phi_{1i} \\ \phi_{2i} \\ log(\sigma_{\zeta}^2) \end{bmatrix} = \begin{bmatrix} \gamma_\eta \\ \gamma_{\phi 1} \\ \gamma_{\phi 2} \\ \gamma_{logVar} \end{bmatrix} + \begin{bmatrix} u_{\eta,i} \\ u_{\phi 1,i} \\ u_{\phi 2,i} \\ u_{logVar,i} \end{bmatrix}$$

## **Autoregressive parameters**



# How about modeling a linear trend?

If we include **time as a within level predictor** in a multilevel AR model, we can do this in two ways:

Within level with time: Time has indirect effects

$$PA_{it}^* = \alpha_i time_{it} + \phi_{1i} PA_{i,t-1}^* + \zeta_{it}^*$$

where  $\alpha_i$  is hard to interpret.

Within level with time: Trend with AR(1) residuals

$$PA_{it}^{*} = \beta_{i} time_{it} + a_{it}^{*} a_{it}^{*} = \phi_{1i}a_{i,t-1}^{*} + \zeta_{it}^{*}$$

where  $\beta_i$  is the slope of the linear trend in the process.

The two specifications are related (see Hamaker, 2005):

•  $\phi_i$  will be (almost) identical

• 
$$\beta_i = \frac{\alpha_i}{1 - \phi_i}$$

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# There is more...

DSEM in Mplus also allows for **cross-classified models**: observations are nested **in persons** AND **in occasions**.

Hence, you can have:

- mean for each person (μ<sub>i</sub>, average score over time); these means have a distribution at the between-person level
- mean for each time point (µ<sub>t</sub>, average score across people); these means have a distribution at the between-occasion level

You can also have:

- **person-specific regression coefficients** (e.g., β<sub>i</sub>), that have distributions at the between-person level
- time-specific regression coefficients (e.g., β<sub>t</sub>), that have distributions at the between-occasion level

# Input of a cross-classified model

```
VARTABLE:
names = dyad day
GPAM GNAM RSPAM RSNAM GPAF GNAF RSPAF RSNAF
RelSat1M RelSat1F RelSat2M RelSat2F BrUpM BrUpF;
usevar = GPAM;
lagged = GPAM(1);
cluster = dyad day;
missing = all(999);
ANALYSIS: TYPE IS CROSS RANDOM;
           estimator = bayes; proc = 2;
           biter = (3000); bseed = 1574;
MODEL:
   %WITHIN%
   phi | GPAM ON GPAM&1;
   %BETWEEN dyad%
   phi WITH GPAM;
   %BETWEEN day%
   GPAM:
   phi@0;
```

# **Cross-classified models**

This approach is useful when:

- time is meaningful (e.g., days since quite smoking; trial since the beginning)
- you **expect a trend** (in mean or in regression coefficient), which may be in the same direction for most participants

Using the cross-classified part allows you to **explore the shape of the trend over time**.

Can be thought of as an **alternative** to the **TVEM** (time varying effect modeling) and **TVAR** (time varying autoregressive modeling).

But it requires:

- longer time series (especially for random autoregressions; e.g., T>200)
- observations from multiple individuals per time point

# And more...

| TITLE:    | this is an example of a two-level time<br>series analysis with a first-order<br>autoregressive AR(1) IRT model for binary<br>factor indicators with random thresholds,<br>a random AR(1) slope, and a random<br>residual variance |
|-----------|---|
| DATA:     | FILE = ex9.35part2.dat;   |
|           | NAMES = u1-u4 subject;  |
|           | CATEGORICAL = u1-u4;  |
|           | CLUSTER = subject;  |
| ANALYSIS: | TYPE = TWOLEVEL RANDOM;   |
|           | ESTIMATOR = BAYES;  |
|           | PROCESSORS = 2;<br>BITERATIONS = (3000);  |
| MODEL:    | SUIERATIONS - (SUUD);<br>%WITHIN%   |
| 110000.   | f BY ul-u4*(&1 1-4);  |
|           | s   f ON f&1;   |
|           | logvf   f;  |
|           | %BETWEEN%   |
|           | fb BY u1-u4* (1-4);   |
|           | [logvf@0];  |
|           | fb s logvf WITH fb s logvf;   |
| OUTPUT:   | TECH1 TECH8;  |

# And there will be more...

Mplus v8.1 (or v8.2?) will also allow for N=1 and multilevel regime-switching models.

Features of N=1 regime-switching models (see Kim and Nelson, 1990):

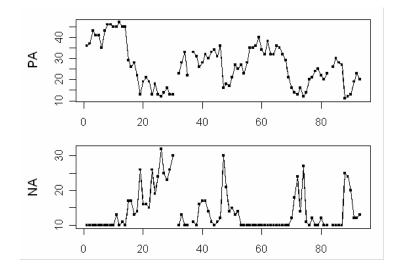
- two or more discrete states (or regimes)
- switching between these states is a hidden Markov process
- each state is characterized by its own process: different means, autoregression, cross-lagged regressions, etc.

#### Features of multilevel regime-switching models:

- switching probabilities can be random across individuals
- state-specific parameters can be random across individuals

### **Example: Bipolar disorder**

**Bipolar disorder** is characterized by severe changes in affect and activity: Bipolar patients suffer from **manic** and **depressed episodes**.



# **Discussion: Model evaluation**

Model fit and model comparison are unresolved issues at this point.

Model fit: Should we focus on explained variance, covariance, or lagged structure?

Model comparison:

- DIC is highly unreliable (check using different seeds!)
- DIC is not always comparable (see Celeux et al.)
- Bayes factors don't go well with uninformative priors

# Discussion

Venues for future research:

- samples sizes (both N and T) and number of parameters
- trends: to detrend or not to detrend?
- distributions: how normal is normal?
- model comparison
- model fit

### References

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